

# Alcohol Use Disorders Identification Test (AUDIT)

Category: Addiction | Items: 10 | Time: ~3 min

## Description / When to Use

10-item WHO screening tool for hazardous alcohol consumption and dependence.

## Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 10 items in this scale. Estimated completion time: 3 minutes.

## Scale Items

[Full item list not shown in this educational summary. Please refer to the original publication for complete items.]

## Response Options

Please refer to the original publication for specific response options.

## Scoring Guide

Sum all 10 items scored 0-4. Total range 0-40. Higher scores indicate greater alcohol-related problems.

## Cutoff Interpretation

| Score Range | Severity      | Recommended Action              |
|-------------|---------------|---------------------------------|
| 0-7         | Low risk      | Alcohol education               |
| 8-15        | Hazardous use | Brief intervention              |
| 16-19       | Harmful use   | Brief intervention + counseling |
| 20-40       | Dependence    | Referral for treatment          |

## Psychometric Properties

Cronbach's alpha: 0.93 | Test-retest reliability: 0.88

Validity: Validated in primary care and community settings across cultures.

## License

Free to use with citation

## Citation (APA Format)

Saunders, J. B., Aasland, O. G., Babor, T. F., de la Fuente, J. R., & Grant, M. (1993). Development of the Alcohol Use Disorders Identification Test. *Addiction*, 88(6), 791-804.

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