

Bath Ankylosing Spondylitis Disease Activity Index (BASDAI)

Category: Rheumatology | Items: 6 | Time: ~2-3 min

Description / When to Use

Disease activity in ankylosing spondylitis

Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 6 items in this scale. Estimated completion time: 2-3 min.

Scale Items

1. Fatigue / tiredness (0 = none -> 10 = very severe)
2. Neck / back / hip pain (0–10)
3. Pain / swelling in other joints (0–10)
4. Discomfort from areas tender to touch / pressure (0–10)
5. Severity of morning stiffness (0–10)
6. Duration of morning stiffness (0 = none -> 10 = >= 2 h)

Scoring Guide

Computed via formula. See original publication for details.

Cutoff Interpretation

Score Range	Severity	Recommended Action
0–3.9	Inactive disease	Disease activity below the conventional 4.0 cutoff.
4–10	Active disease	>= 4.0 indicates active disease; consider treatment intensification.

Psychometric Properties

See original validation study for reliability and validity data.

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Citation (APA Format)

Garrett S et al. A new approach to defining disease status in ankylosing spondylitis. *J Rheumatol.* 1994;21(12):2286-2291.

Disclaimer: BASDAI = (q1 + q2 + q3 + q4 + (q5 + q6) / 2) / 5; range 0–10.