

Brief Pain Inventory (BPI)

Category: Somatic | Items: 15 | Time: ~3 min

Description / When to Use

15-item measure assessing pain severity and pain interference with daily functioning.

Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 15 items in this scale. Estimated completion time: 3 minutes.

Scale Items

[Full item list not shown in this educational summary. Please refer to the original publication for complete items.]

Response Options

0 = No pain / No interference to 10 = Pain as bad as you can imagine / Complete interference

Scoring Guide

Pain Severity (4 items) and Pain Interference (7 items) subscales scored 0-10. Additional items assess pain history and relief.

Subscales:

- Pain Severity: 4 items
- Pain Interference: 7 items

Cutoff Interpretation

Score Range	Severity	Recommended Action
0-3	Mild pain	Conservative management
4-6	Moderate pain	Consider intervention
7-10	Severe pain	Active treatment

Psychometric Properties

Cronbach's alpha: 0.91 | Test-retest reliability: 0.88

Validity: Widely used in cancer and chronic pain research.

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Citation (APA Format)

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