

CAGE Questionnaire (CAGE)

Category: Addiction | Items: 4 | Time: ~1-2 min

Description / When to Use

Classic 4-item screening test for alcohol problems.

Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 4 items in this scale. Estimated completion time: 1-2 min.

Scale Items

1. Have you ever felt you should Cut down on your drinking?
2. Have people Annoyed you by criticizing your drinking?
3. Have you ever felt Guilty about your drinking?
4. Have you ever had a drink first thing in the morning (Eye-opener)?

Scoring Guide

Score according to instrument-specific rules. See original publication.

Cutoff Interpretation

Score Range	Severity	Recommended Action
0-1	Low risk	None
2-4	Possible alcohol problem	Further evaluation

Psychometric Properties

See original validation study for reliability and validity data.

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Citation (APA Format)

Ewing, J. A. (1984). Detecting alcoholism: The CAGE questionnaire. *Journal of the American Medical Association*, 252(14), 1905-1907.

DOI: 10.1001/jama.1984.03340140051025

URL: <https://pubmed.ncbi.nlm.nih.gov/6471323/>

Disclaimer: Score 1 point per yes answer. Total range 0-4. Score ≥ 2 suggests alcohol problems.