

# Drug Abuse Screening Test-10 (DAST-10)

Category: Addiction | Items: 10 | Time: ~3 min

## Description / When to Use

10-item brief screener for drug use problems excluding alcohol and tobacco.

## Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 10 items in this scale. Estimated completion time: 3 minutes.

## Scale Items

[Full item list not shown in this educational summary. Please refer to the original publication for complete items.]

## Response Options

Yes / No (score 1 for Yes, 0 for No)

## Scoring Guide

Score 1 point per yes answer. Total range 0-10. Score  $\geq 6$  suggests drug abuse/dependence.

## Cutoff Interpretation

Score Range	Severity	Recommended Action
0-2	No problem	None
3-5	Moderate problem	Brief intervention
6-10	Severe problem	Referral for treatment

## Psychometric Properties

Cronbach's alpha: 0.92 | Test-retest reliability: 0.85

Validity: Widely used in primary care and addiction treatment settings.

## License

Free to use with citation

## Citation (APA Format)

Skinner, H. A. (1982). The Drug Abuse Screening Test. *Addictive Behaviors*, 7(4), 363-371.

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