

# Eastern Cooperative Oncology Group Performance Status (ECOG PS)

Category: Oncology, Palliative | Items: 1 | Time: ~1-2 min

## Description / When to Use

Functional status of cancer patients

## Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 1 items in this scale. Estimated completion time: 1-2 min.

## Scale Items

1. Performance status

## Response Options

0 = 0 — Fully active, able to carry on all pre-disease activities without restriction. | 1 = 1 — Restricted in physically strenuous activity but ambulatory and able to carry out light work. | 2 = 2 — Ambulatory, capable of self-care but unable to carry out work activities; up > 50 % of waking hours. | 3 = 3 — Capable of only limited self-care; confined to bed or chair > 50 % of waking hours. | 4 = 4 — Completely disabled; cannot carry on any self-care; totally confined to bed or chair. | 5 = 5 — Dead.

## Scoring Guide

Sum all 1 items. Total range 0-5.

## Cutoff Interpretation

Score Range	Severity	Recommended Action
0–1	Good performance status	ECOG 0–1 — generally fit for systemic therapy.
2–2	Borderline	ECOG 2 — therapy decisions individualised.
3–5	Poor performance status	ECOG 3+ — generally not candidates for cytotoxic therapy; supportive care priority.

## Psychometric Properties

See original validation study for reliability and validity data.

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## Citation (APA Format)

Oken MM et al. Toxicity and response criteria of the Eastern Cooperative Oncology Group. *Am J Clin Oncol.* 1982;5(6):649-655.