

General Practitioner Assessment of Cognition (GPCOG)

Category: Cognitive | Items: 9 | Time: ~5 min

Description / When to Use

9-item cognitive screen designed for general practice with patient and informant components.

Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 9 items in this scale. Estimated completion time: 5 minutes.

Scale Items

[Full item list not shown in this educational summary. Please refer to the original publication for complete items.]

Response Options

Please refer to the original publication for specific response options.

Scoring Guide

Patient component scored 0-9. Informant component 0-6 if needed. Total max 15. Score ≤ 4 suggests cognitive impairment.

Cutoff Interpretation

Score Range	Severity	Recommended Action
9-15	Normal	None
5-8	Possible impairment	Further evaluation
0-4	Cognitive impairment	Comprehensive assessment

Psychometric Properties

Cronbach's alpha: 0.82 | Test-retest reliability: 0.80

Validity: Designed for primary care; better than MMSE in GP settings.

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Citation (APA Format)

Brodsky, H., Pond, D., Kemp, N. M., et al. (2002). The GPCOG: A new screening test for dementia. *International Psychogeriatrics*, 14(1), 1-12.

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