

# HAS-BLED Score for Major Bleeding Risk (HAS-BLED)

Category: Cardiology | Items: 9 | Time: ~2-3 min

## Description / When to Use

1-year risk of major bleeding on oral anticoagulation

## Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 9 items in this scale. Estimated completion time: 2-3 min.

## Scale Items

1. Hypertension (uncontrolled, SBP > 160) (1 point)
2. Abnormal renal function (Cr > 2.26 mg/dL or dialysis) (1 point)
3. Abnormal liver function (cirrhosis, bilirubin > 2x ULN with AST/ALT > 3x ULN) (1 point)
4. Prior stroke (1 point)
5. Prior major bleeding or predisposition (1 point)
6. Labile INR (TTR < 60%) (1 point)
7. Elderly (age > 65) (1 point)
8. Drugs predisposing to bleeding (antiplatelets, NSAIDs) (1 point)
9. Alcohol use >= 8 drinks/week (1 point)

## Response Options

Yes / No (scored as indicated per item)

## Scoring Guide

Weighted sum of all 9 items. Total range 0-9.

## Cutoff Interpretation

Score Range	Severity	Recommended Action
0-2	Low risk	Anticoagulation generally favorable.
3-9	High risk	Caution and regular review of anticoagulation indicated.

## Psychometric Properties

See original validation study for reliability and validity data.

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## Citation (APA Format)

Pisters R et al. Chest. 2010;138(5):1093-1100.  
DOI: 10.1378/chest.10-0134

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