

International Index of Erectile Function — 5-item / Sexual Health Inventory for Men (IIEF-5 / SHIM)

Category: Urology | Items: 5 | Time: ~1-2 min

Description / When to Use

Erectile dysfunction screen

Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 5 items in this scale. Estimated completion time: 1-2 min.

Scale Items

1. Over the past 6 months, how do you rate your confidence that you could get and keep an erection?
1 = Very low | 2 = Low | 3 = Moderate | 4 = High | 5 = Very high
2. When you had erections with sexual stimulation, how often were they hard enough for penetration?
1 = Almost never / never | 2 = A few times | 3 = Sometimes | 4 = Most times | 5 = Almost always / always
3. During intercourse, how often were you able to maintain your erection after penetration?
1 = Almost never / never | 2 = A few times | 3 = Sometimes | 4 = Most times | 5 = Almost always / always
4. During intercourse, how difficult was it to maintain your erection to completion?
1 = Extremely difficult | 2 = Very difficult | 3 = Difficult | 4 = Slightly difficult | 5 = Not difficult
5. When you attempted intercourse, how often was it satisfactory for you?
1 = Almost never / never | 2 = A few times | 3 = Sometimes | 4 = Most times | 5 = Almost always / always

Scoring Guide

Sum all 5 items. Total range 5-25.

Cutoff Interpretation

Score Range	Severity	Recommended Action
5–7	Severe ED	Severe erectile dysfunction.
8–11	Moderate ED	Moderate erectile dysfunction.
12–16	Mild–moderate ED	Mild-to-moderate erectile dysfunction.
17–21	Mild ED	Mild erectile dysfunction.
22–25	No ED	No erectile dysfunction.

Psychometric Properties

See original validation study for reliability and validity data.

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Citation (APA Format)

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