

Lawton Instrumental Activities of Daily Living Scale (Lawton IADL)

Category: Geriatrics | Items: 8 | Time: ~2-3 min

Description / When to Use

Functional independence in instrumental ADLs

Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 8 items in this scale. Estimated completion time: 2-3 min.

Scale Items

1. Telephone — uses independently (1 point)
2. Shopping — independently (1 point)
3. Food preparation — independently (1 point)
4. Housekeeping — independently (1 point)
5. Laundry — independently (1 point)
6. Transportation — independently (1 point)
7. Medications — independently (1 point)
8. Finances — independently (1 point)

Response Options

Yes / No (scored as indicated per item)

Scoring Guide

Weighted sum of all 8 items. Total range 0-8.

Cutoff Interpretation

Score Range	Severity	Recommended Action
0-2	Severe dependence	Severe — needs significant help.
3-5	Moderate dependence	Moderate — needs some help.
6-8	Independent	Independent.

Psychometric Properties

See original validation study for reliability and validity data.

License

Free to use — public domain or open access.

Citation (APA Format)

Lawton MP, Brody EM. Gerontologist. 1969;9(3):179-186.
DOI: 10.1093/geront/9.3_part_1.179

Disclaimer: Educational use only.