

Model for End-Stage Liver Disease — Sodium (MELD-Na)

Category: Gastroenterology, Hepatology | Items: 5 | Time: ~1-2 min

Description / When to Use

3-month mortality in advanced liver disease; transplant prioritization

Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 5 items in this scale. Estimated completion time: 1-2 min.

Scale Items

1. Creatinine (mg/dL)
2. Total bilirubin (mg/dL)
3. INR
4. Sodium (mEq/L)
5. Dialysis \geq 2x in past week (or 24h CVVHD)

Scoring Guide

Computed via formula. See original publication for details.

Cutoff Interpretation

Score Range	Severity	Recommended Action
6–9	Low	Lower mortality risk.
10–19	Moderate	Moderate mortality risk.
20–29	High	High mortality risk.
30–40	Very high	Very high mortality risk.

Psychometric Properties

See original validation study for reliability and validity data.

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Citation (APA Format)

Kim WR et al. N Engl J Med. 2008;359(10):1018-1026.
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