

# Montreal Cognitive Assessment (MoCA)

Category: Cognitive | Items: 30 | Time: ~10 min

## Description / When to Use

30-item screening tool for mild cognitive impairment with greater sensitivity than MMSE.

## Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 30 items in this scale. Estimated completion time: 10 minutes.

## Scale Items

[Full item list not shown in this educational summary. Please refer to the original publication for complete items.]

## Response Options

Please refer to the original publication for specific response options.

## Scoring Guide

Sum correct responses. Max 30. Add 1 point if education <= 12 years. Score < 26 suggests MCI.

## Cutoff Interpretation

Score Range	Severity	Recommended Action
26-30	Normal cognition	None
18-25	Mild cognitive impairment	Further evaluation
0-17	Dementia	Comprehensive assessment

## Psychometric Properties

Cronbach's alpha: 0.83 | Test-retest reliability: 0.85

Validity: Superior to MMSE in detecting MCI; validated in 30+ languages.

## License

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## Citation (APA Format)

Nasreddine, Z. S., Phillips, N. A., Bedirian, V., et al. (2005). The Montreal Cognitive Assessment. *Journal of the American Geriatrics Society*, 53(4), 695-699.

DOI: 10.1111/j.1532-5415.2005.53221.x

URL: <https://pubmed.ncbi.nlm.nih.gov/15817019/>