

# New York Heart Association Functional Classification (NYHA Functional Class)

Category: Cardiology | Items: 1 | Time: ~1-2 min

## Description / When to Use

Functional capacity in heart failure

## Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 1 items in this scale. Estimated completion time: 1-2 min.

## Scale Items

1. Functional class

## Response Options

1 = I — No limitation; ordinary activity does not cause symptoms | 2 = II — Slight limitation; comfortable at rest, ordinary activity causes symptoms | 3 = III — Marked limitation; less than ordinary activity causes symptoms | 4 = IV — Symptoms at rest; any activity worsens

## Scoring Guide

Sum all 1 items. Total range 1-4.

## Cutoff Interpretation

Score Range	Severity	Recommended Action
1-1	Class I	No functional limitation.
2-2	Class II	Slight limitation.
3-3	Class III	Marked limitation.
4-4	Class IV	Severe — symptoms at rest.

## Psychometric Properties

See original validation study for reliability and validity data.

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## Citation (APA Format)

Criteria Committee, NYHA. 9th ed. Boston: Little Brown; 1994.

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