

Oxford Knee Score (OKS) (Oxford Knee Score)

Category: Orthopaedics, MSK | Items: 12 | Time: ~2-3 min

Description / When to Use

Pain and function after total knee replacement

Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 12 items in this scale. Estimated completion time: 2-3 min.

Scale Items

1. How would you describe the pain you usually have from your knee?
0 = Severe | 1 = Moderate | 2 = Mild | 3 = Very mild | 4 = None
2. Have you had any trouble washing and drying yourself because of your knee?
0 = Impossible | 1 = With great difficulty | 2 = With moderate difficulty | 3 = With little difficulty | 4 = With no trouble at all
3. Have you had trouble getting in / out of a car or using public transport because of your knee?
0 = Impossible | 1 = With great difficulty | 2 = With moderate difficulty | 3 = With little difficulty | 4 = With no trouble at all
4. How long can you walk before pain becomes severe (with or without a stick)?
0 = Not at all / pain severe walking | 1 = Around the house only | 2 = 5–15 minutes | 3 = 16–30 minutes | 4 = No pain / > 30 min
5. After a meal (sat at a table), how painful is it for you to stand up because of your knee?
0 = Unbearable | 1 = Very painful | 2 = Moderately painful | 3 = Slightly painful | 4 = Not at all painful
6. Have you been limping when walking because of your knee?
0 = All of the time | 1 = Most of the time | 2 = Sometimes / just at first | 3 = Rarely | 4 = Never
7. Could you kneel down and get up again afterwards?
0 = No, impossible | 1 = With great difficulty | 2 = With moderate difficulty | 3 = With little difficulty | 4 = Yes, easily
8. Have you been troubled by pain from your knee in bed at night?
0 = Every night | 1 = Most nights | 2 = Some nights | 3 = Only 1–2 nights | 4 = No nights
9. How much has pain from your knee interfered with your usual work (including housework)?
0 = Totally | 1 = Greatly | 2 = Moderately | 3 = A little | 4 = Not at all
10. Have you felt that your knee might suddenly 'give way' or let you down?
0 = All of the time | 1 = Most of the time | 2 = Sometimes / just at first | 3 = Rarely | 4 = Never
11. Could you do household shopping on your own?
0 = No, impossible | 1 = With great difficulty | 2 = With moderate difficulty | 3 = With little difficulty | 4 = Yes, easily
12. Could you walk down one flight of stairs?
0 = No, impossible | 1 = With great difficulty | 2 = With moderate difficulty | 3 = With little difficulty | 4 = Yes, easily

Scoring Guide

Sum all 12 items. Total range 0-48.

Cutoff Interpretation

Score Range	Severity	Recommended Action
0–19	Severe knee arthritis	Likely to need surgical assessment.
20–29	Moderate-to-severe arthritis	Surgical opinion may be helpful.
30–39	Mild-to-moderate arthritis	Conservative management.
40–48	Satisfactory joint function	Symptoms unlikely to need replacement.

Psychometric Properties

See original validation study for reliability and validity data.

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Disclaimer: Higher score = better function (modern 0–48 scoring; original used 12–60 reverse).