

Pain, Enjoyment, General activity (3-item pain scale) (PEG)

Category: Pain, Primary care | Items: 3 | Time: ~1-2 min

Description / When to Use

Brief pain-impact assessment in primary care

Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 3 items in this scale. Estimated completion time: 1-2 min.

Scale Items

1. Average pain (0 = no pain -> 10 = worst imaginable)
2. Pain interference with enjoyment of life (0 = no interference -> 10 = complete)
3. Pain interference with general activity (0 = no interference -> 10 = complete)

Scoring Guide

Computed via formula. See original publication for details.

Cutoff Interpretation

Score Range	Severity	Recommended Action
0–3.9	Mild	Mild pain impact.
4–6.9	Moderate	Moderate pain impact; consider treatment escalation.
7–10	Severe	Severe pain impact; multi-modal management.

Psychometric Properties

See original validation study for reliability and validity data.

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Citation (APA Format)

Krebs EE et al. Development and initial validation of the PEG, a three-item scale assessing pain intensity and interference. *J Gen Intern Med.* 2009;24(6):733-738.
DOI: 10.1007/s11606-009-0981-1

Disclaimer: PEG = mean of three items; range 0–10.