

Quick Sepsis-Related Organ Failure Assessment (qSOFA)

Category: Critical care, Emergency | Items: 3 | Time: ~1-2 min

Description / When to Use

Bedside identification of patients at higher risk of poor outcomes from suspected infection

Instructions for Respondent

Please read each statement carefully and respond based on how you have felt over the specified time period. There are 3 items in this scale. Estimated completion time: 1-2 min.

Scale Items

1. Altered mental status (GCS < 15) (1 point)
2. Respiratory rate ≥ 22 /min (1 point)
3. SBP ≤ 100 mmHg (1 point)

Response Options

Yes / No (scored as indicated per item)

Scoring Guide

Weighted sum of all 3 items. Total range 0-3.

Cutoff Interpretation

Score Range	Severity	Recommended Action
0–1	Low risk	Lower likelihood of poor outcome from infection.
2–3	High risk	Increased risk of in-hospital mortality — consider sepsis workup and escalation.

Psychometric Properties

See original validation study for reliability and validity data.

License

Free to use — public domain or open access.

Citation (APA Format)

Singer M et al. JAMA. 2016;315(8):801-810.
DOI: 10.1001/jama.2016.0287

Disclaimer: Apply when infection suspected. Educational use only.