

Physical symptoms of drug withdrawal subside within

1 point

- 1 to 3 weeks
 - 1 to 5 weeks
 - 1 to 4 weeks
 - 2 weeks only
-

drug abuse is because of

1 point

- physical dependency
- both
- none of these
- psychological dependency

Suicidal risk factors can be classified in

1 point

- Psycho and social only
- Bio-Psycho_social
- bio and social only
- none

Following are part of coping with stress , except

1 point

- blaming others
- managing own behavior
- managing the stressor
- relaxation

Which of the following is not a protective factor of suicide

1 point

- Having children
- Economic security
- Drug Abuse
- Being married

A patient came to you with the complaints of "Do you some time feel that life is not worth living " what will be your first hypothesis 1 point

- Suicide
- Anxiety
- Stress
- Depression

A doctor suggest his patient some exercise to manage his stress, which would improve his health, capacity and capability. such state of well being is referred as 1 point

- Eu stress Zone
- Eu stress
- Burnout
- mental health

which of the group is more susceptible to stress

1 point

- Females
- Both Males and Black race
- Males
- Black race

Dr. Ali Hans is well known physician and at the same time, he is father and social worker as well. the best describe as

1 point

- optimization
- dynamism
- homeostasis
- occupationally effective

A patient having suicidal ideation about himself and also his uncle suffered from the same condition. it showed _____ factors 1 point

- social
 - psychological
 - biological
 - psychological and social
-

individual risk factors of suicided included 1 point

- all
- major depression
- early adult age
- family conflict

one of the three major causes in young adults and in teen agers for suicide is 1 point

- Gender and hopelessness Both
- Gender
- Hopelessness
- Aloofness

Symptoms of stress through endocrine system include 1 point

- movement problems
- Arousal
- increase pupil dilation and blood pressure
- decrease body fluids

main reason of drug abuse are

1 point

- All
- peer pressure
- living away from home
- broken home

Behavioral symptoms of stress include

1 point

- Urination
- Prostatitis
- Nail biting
- Abdominal cramps

Stress may be defines as

1 point

- "wear and tear" our minds and bodies experience as we attempt to cope with our continually changing environment
- Uneasiness
- Anxiety
- Pressure
- Depression

protective factors of suicide are

1 point

- Media cues
- unemployment
- family history
- Economic Security

23 years old man is presented in psychiatric OPD. His parents described that he deliberately cause self injury , which term best describes this type of behavior

1 point

- para suicide
- self -suicide
- pre depression state
- deliberate self harm

A 45 years old bank manager present to his doctor with symptoms of disturbed sleep, increased sweating and constipation. regarding stress which symptoms is overactive in this patient

1 point

- Sympathetic System
- Parasympathetic System
- GIT
- CNS