

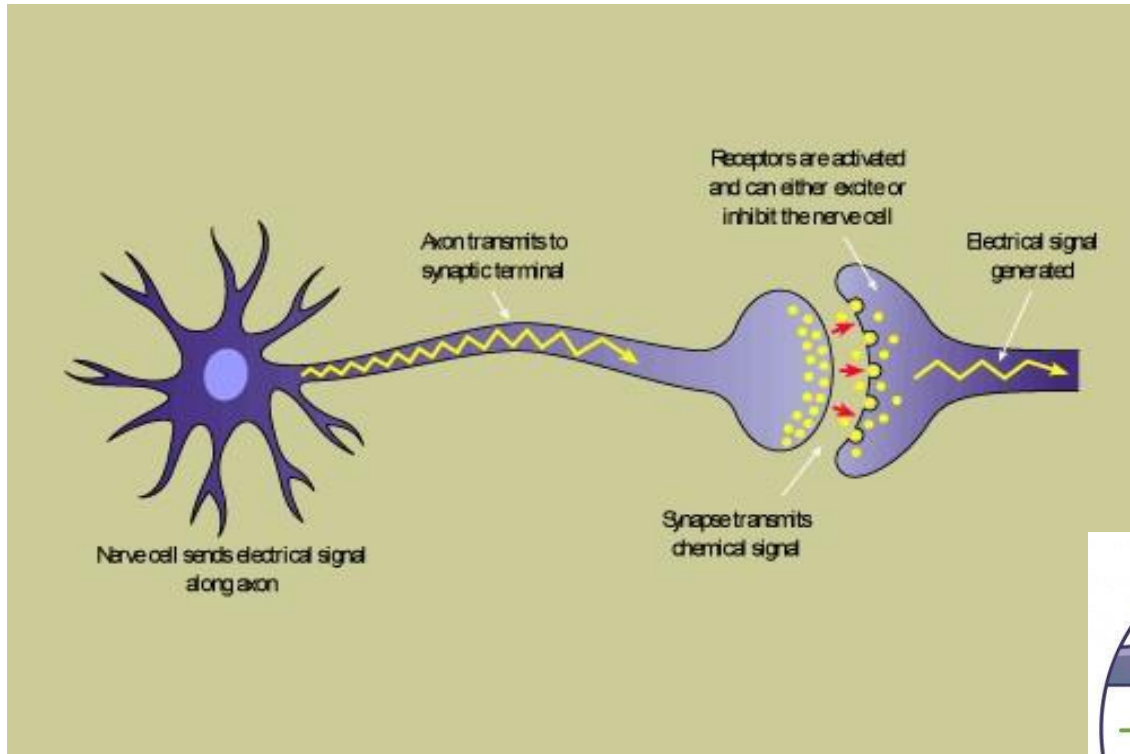
# EPILEPSY

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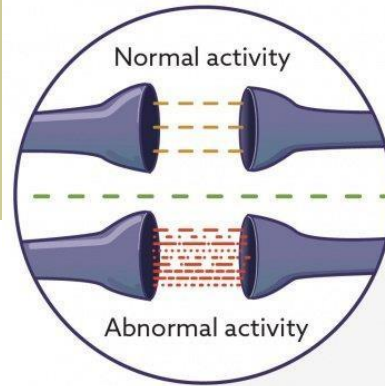


- A **seizure** is a **transient alteration of behavior** due to the **disordered, synchronous, and rhythmic firing** of **populations of brain neurons**.
- **Epilepsy** refers to a **disorder of brain function** characterized by the **periodic and unpredictable occurrence** of **seizures**.

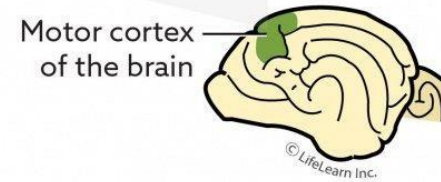




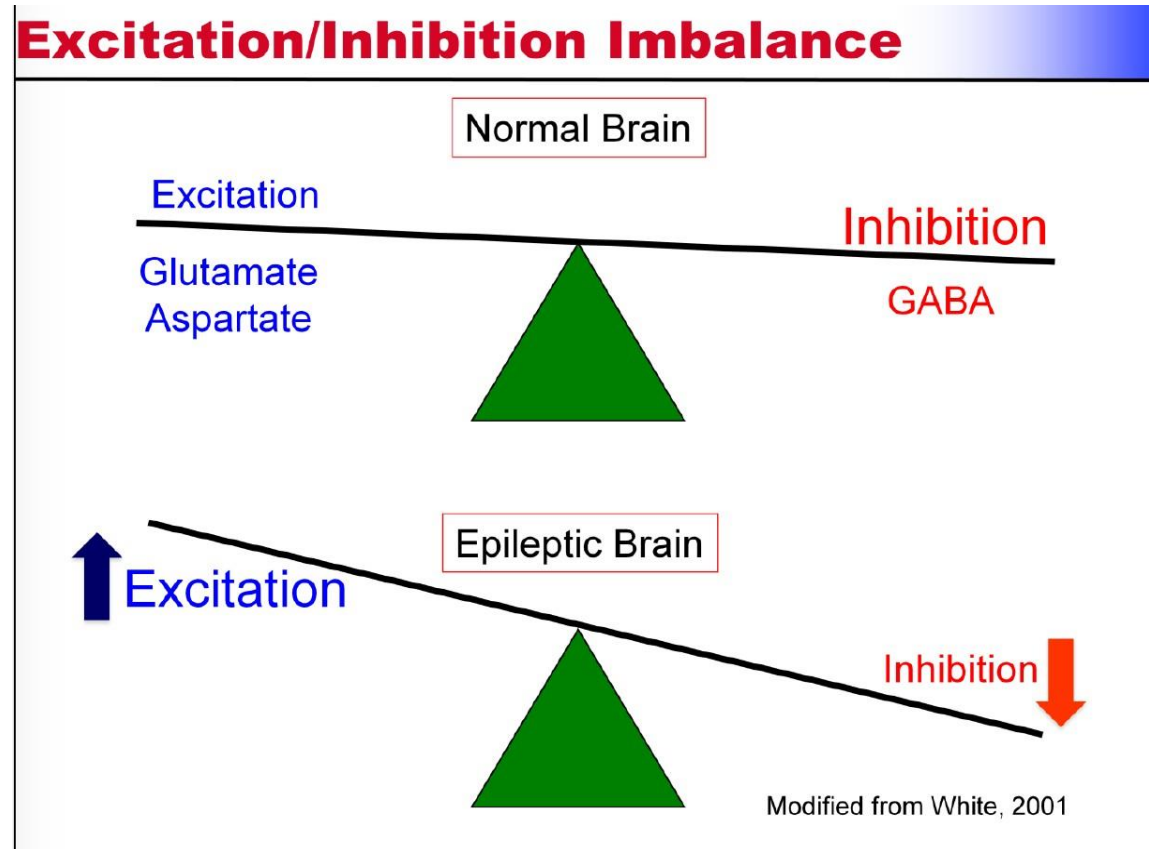
**Abnormal excessive electronic activity** →



Abnormal brain activity in the motor cortex could cause a partial seizure or a generalized seizure.

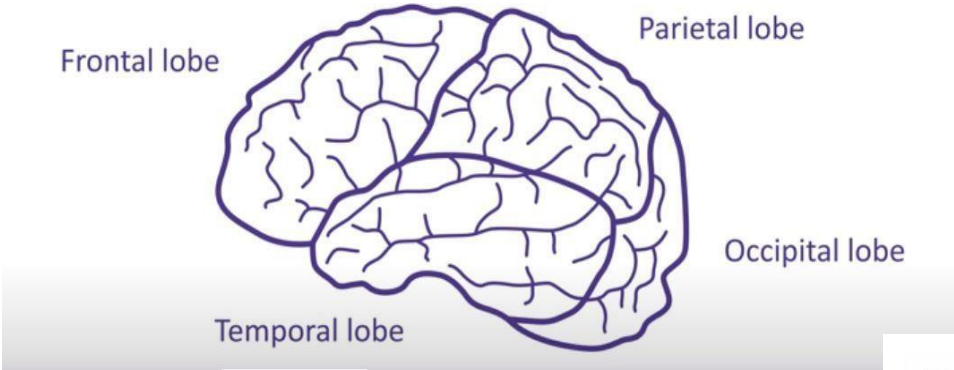


# Epilepsy is caused by imbalance between GABA & Glutamate

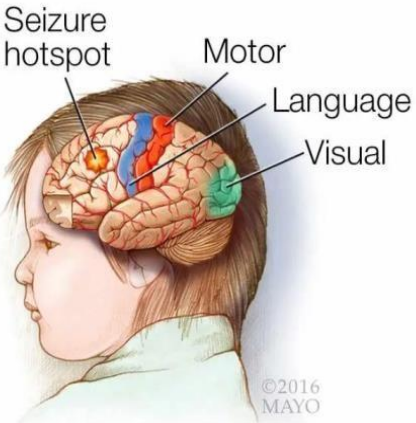
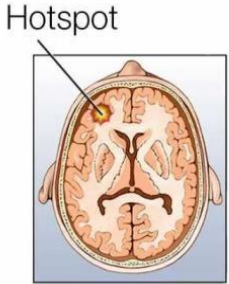


# Symptoms depend upon site of origin of epileptic foci

**epilepsy is a neurological condition**



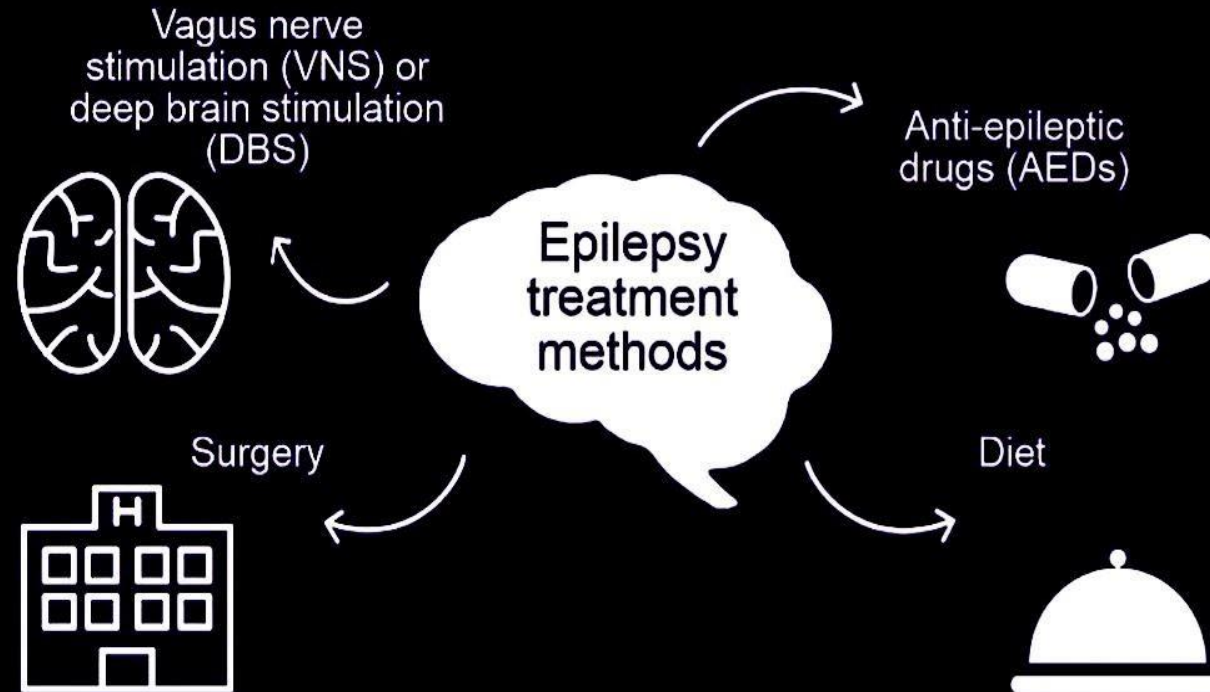
## Epilepsy





<b>CLASSIFICATION</b>	<b>CHARACTERIZATION</b>
<b>Partial (Focal) Seizures</b>	Arise in one cerebral hemisphere
Simple partial seizure	No alteration of consciousness
Complex partial seizure	Altered consciousness, automatisms, and behavioral changes
Secondarily generalized seizure	Focal seizure becomes generalized and is accompanied by loss of consciousness
<b>Generalized Seizures</b>	Arise in both cerebral hemispheres and are accompanied by loss of consciousness
Tonic-clonic (grand mal) seizure	Increased muscle tone followed by spasms of muscle contraction and relaxation
Tonic seizure	Increased muscle tone
Clonic seizure	Spasms of muscle contraction and relaxation
Myoclonic seizure	Rhythmic, jerking spasms
Atonic seizure	Sudden loss of all muscle tone
Absence (petit mal) seizure	Brief loss of consciousness, with minor muscle twitches and eye blinking

# Current treatments



## Classification of AEDs

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- Chemical classification
- Therapeutic classification
- On the basis of Mechanism of action



# Antiepileptic Drugs

## Conventional

Before 1993
Carbamazepine
Clonazepam
Diazepam
Ethosuccimide
Lorazepam
Phenobarbital
Phenytoin
Primidone
Valproic acid

## New

1993-2005	2009-2011
Felbamate	Vigabatrin
Gabapentin	Rufinamide
Lamotrigine	Lacosamide
Levetiracetam	Clobazam
Oxcarbazepine	Ezogabine
Pregabalin	
Tiagabine	
Topiramate	
Vagus nerve stimulation	
Zonisamide	

# Classification chemical

a) Hydantoin Derivatives:

Phenytoin, Fosphenytoin, Mephenytoin,

b). Iminostilbenes:

Carbamazepine, Oxcarbazepine.

c). Barbiturates:

Phenobarbitone, Primidone

d). GABA-/ Glycine - analog :

Vigabatrin, Gabapentin, Topiramate,  
Tiagabine; / Felbamate.

- e). Sulfonamide derivative:  
Zonisamid
- f). Antifole:  
Lamotrigine.
- g). Succinimides:  
Ethosuximide, Phensuximide,  
Methsuximide
- h). Valproate Derivative:  
Valproic Acid, Valproate Sodium.
- l). Oxazolindindiones: ( rarely used now )  
Trimethadion, Paramethadion &  
Dimethadione.

J) Carbonic Anhydrase-Inhibitors:  
Acetazolamide, Sulthiame.

K). Miscellaneous:

Bromides: KBr, NaBr ;

Acetylureas: Phenacemide,

Phenylacetylurea,

Others:

Paraldehyde,

Aminogluthimide

Antiepileptic drugs include:  
remember of "ABCD SHIP"

**A**liphatic carboxylic acid

**B**enzodiazepines/

**B**arbiturates

**C**yclic GABA analogues

**D**eoxyBarbiturate

**S**uccinimides

**H**ydantoin

**I**minostilbenes

**P**henyltriazine

# Therapeutic classification

## CLASSIFICATION OF ANTIEPILEPTIC DRUGS\*

### **Drugs for Partial Seizures and Generalized Tonic-Clonic Seizures**

- Carbamazepine (TEGRETOL)
- Oxcarbazepine (TRILEPTAL)
- Phenytoin (DILANTIN)
- Phenobarbital (LUMINAL)
- Primidone (MYSOLINE)
- Valproic acid (DEPAKENE)<sup>a</sup>

### **Adjunct Drugs for Partial Seizures**

- Clorazepate (TRANXENE)
- Felbamate (FELBATOL)
- Gabapentin (NEURONTIN)
- Lamotrigine (LAMICTAL)
- Topiramate (TOPAMAX)<sup>b</sup>

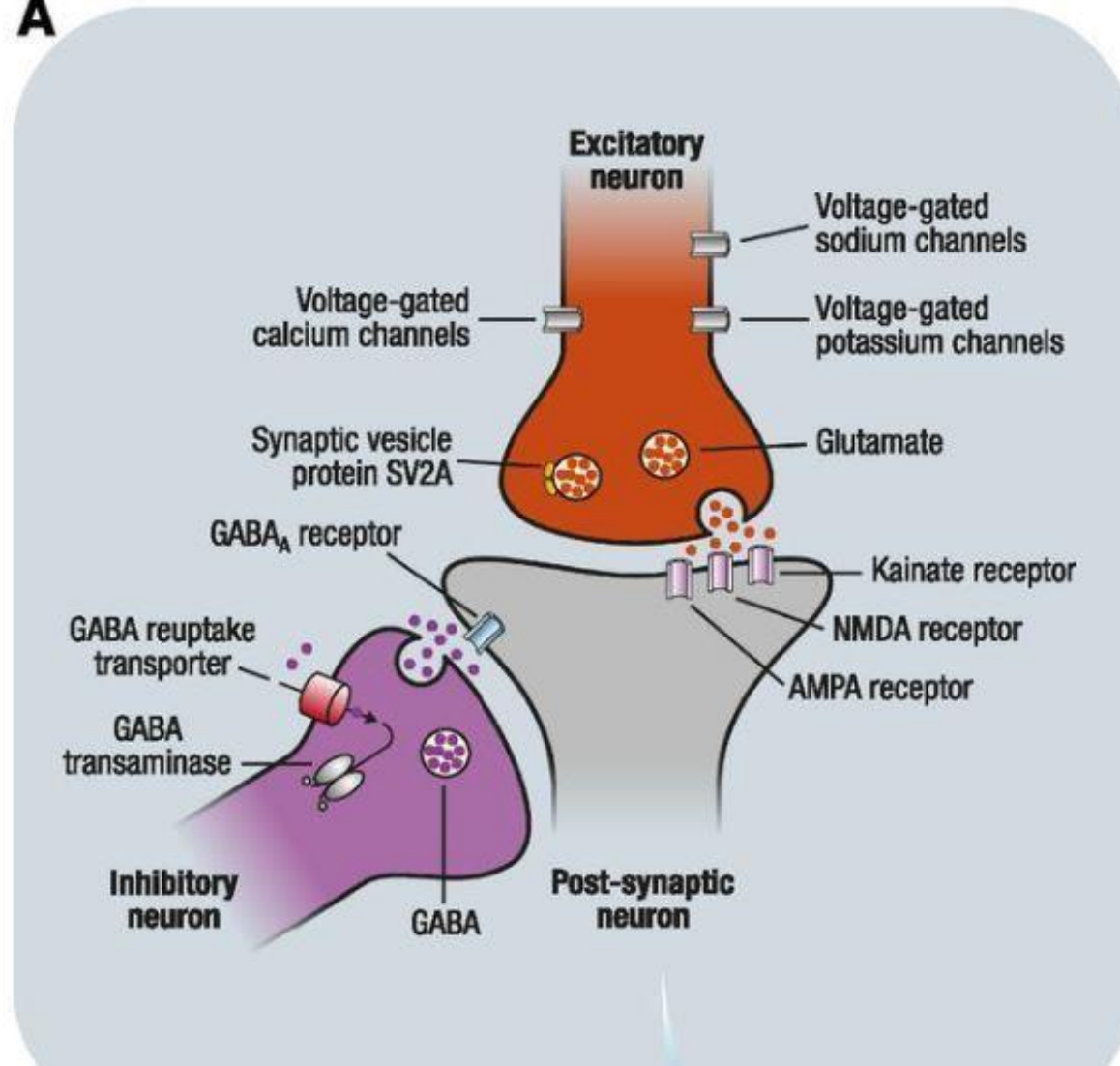
### **Drugs for Generalized Absence, Myoclonic, or Atonic Seizures**

- Clonazepam (KLONOPIN)
- Ethosuximide (ZARONTIN)
- Lamotrigine (LAMICTAL)
- Valproic acid (DEPAKENE)

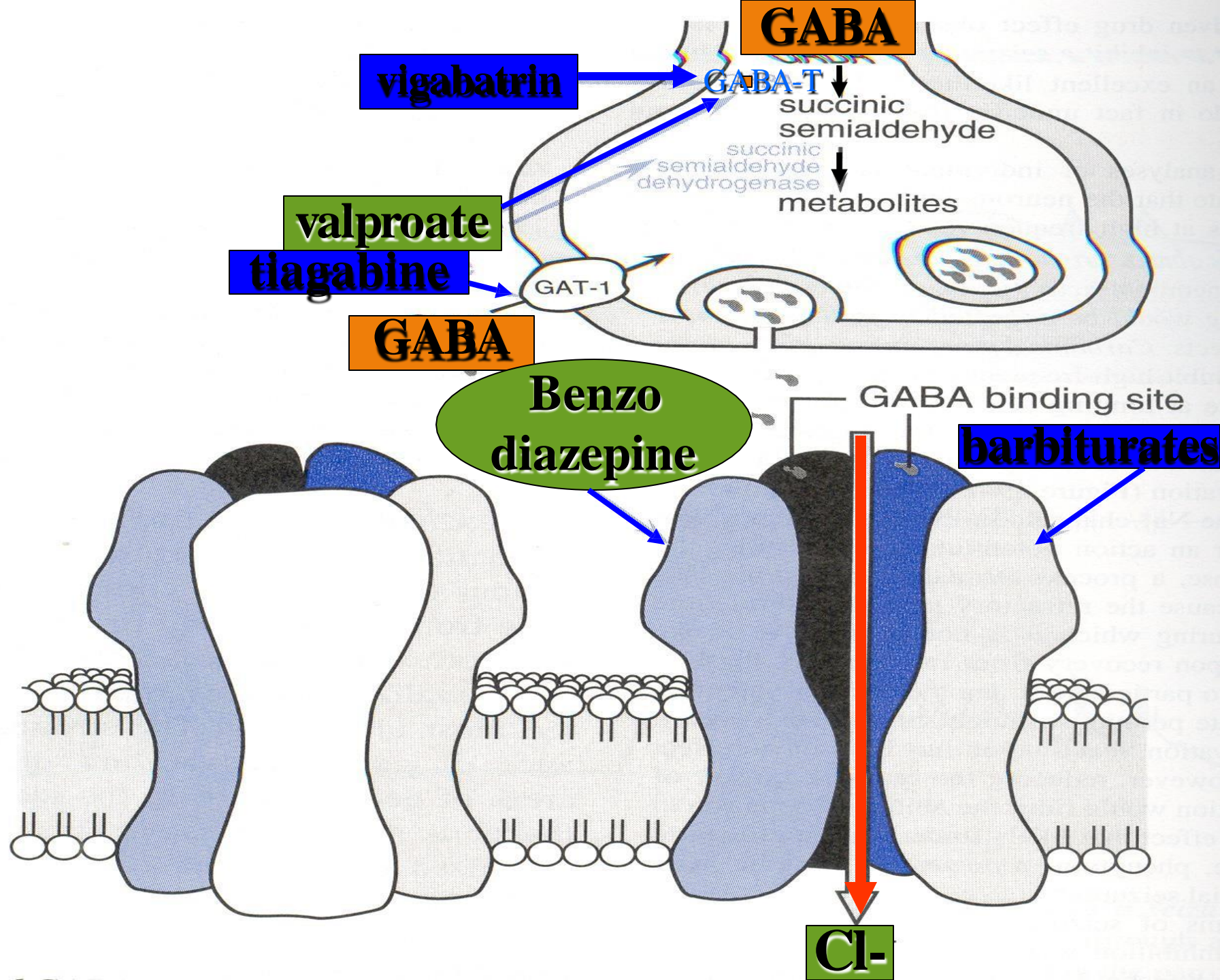
### **Drugs for Status Epilepticus**

- Diazepam (VALIUM)
- Lorazepam (ATIVAN)
- Phenobarbital (LUMINAL)
- Fosphenytoin (CEREBYX)

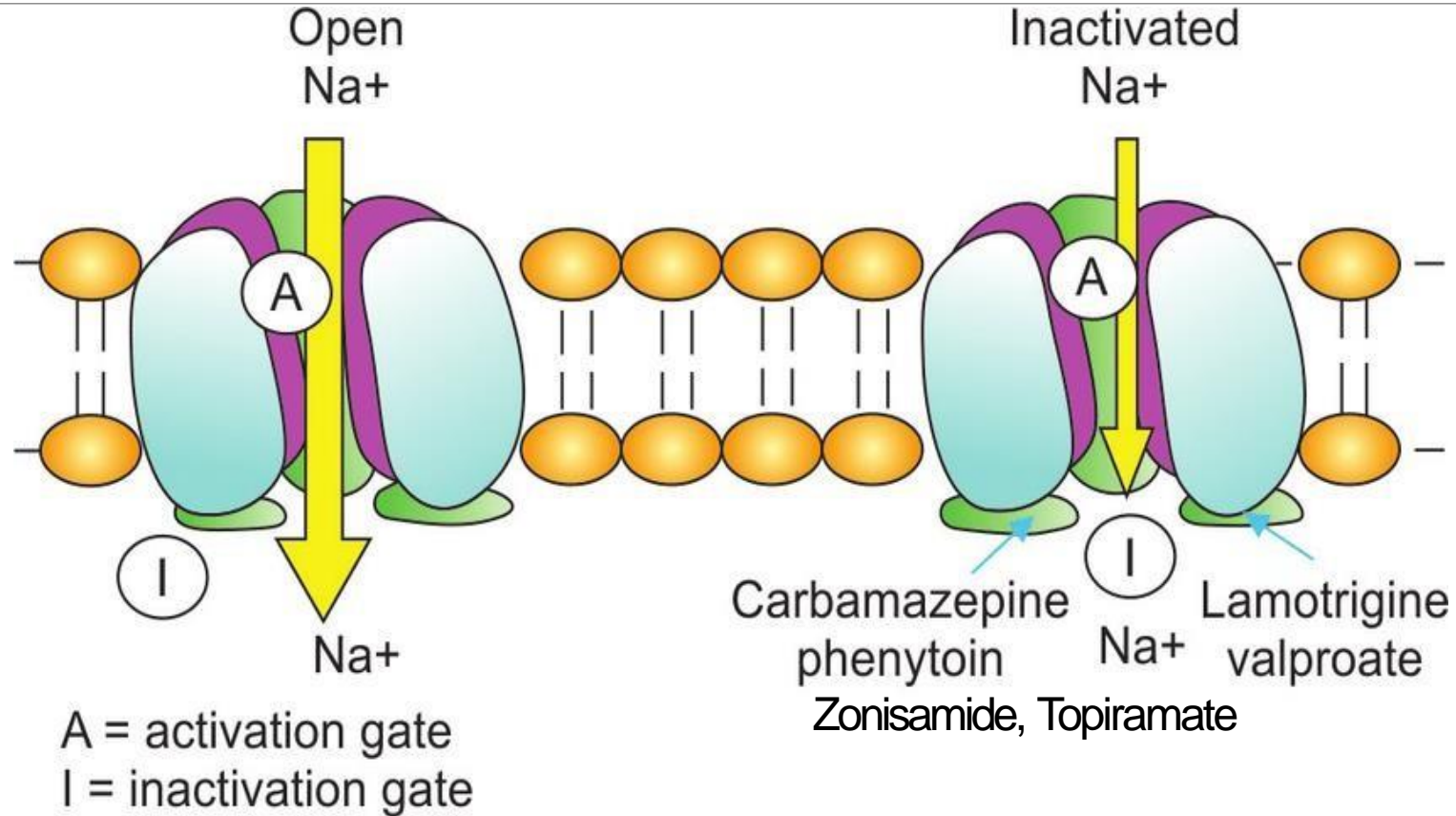
**A**



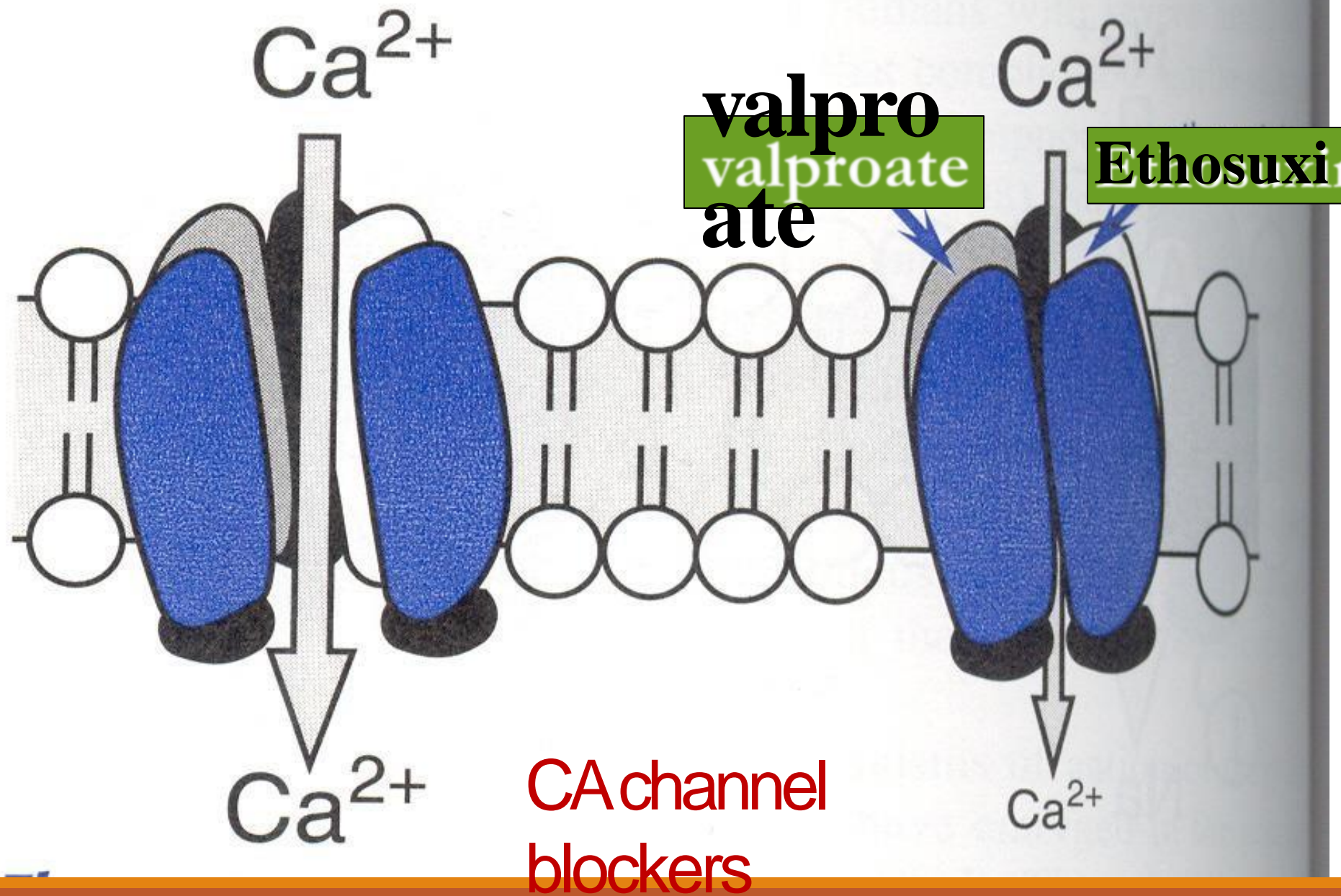




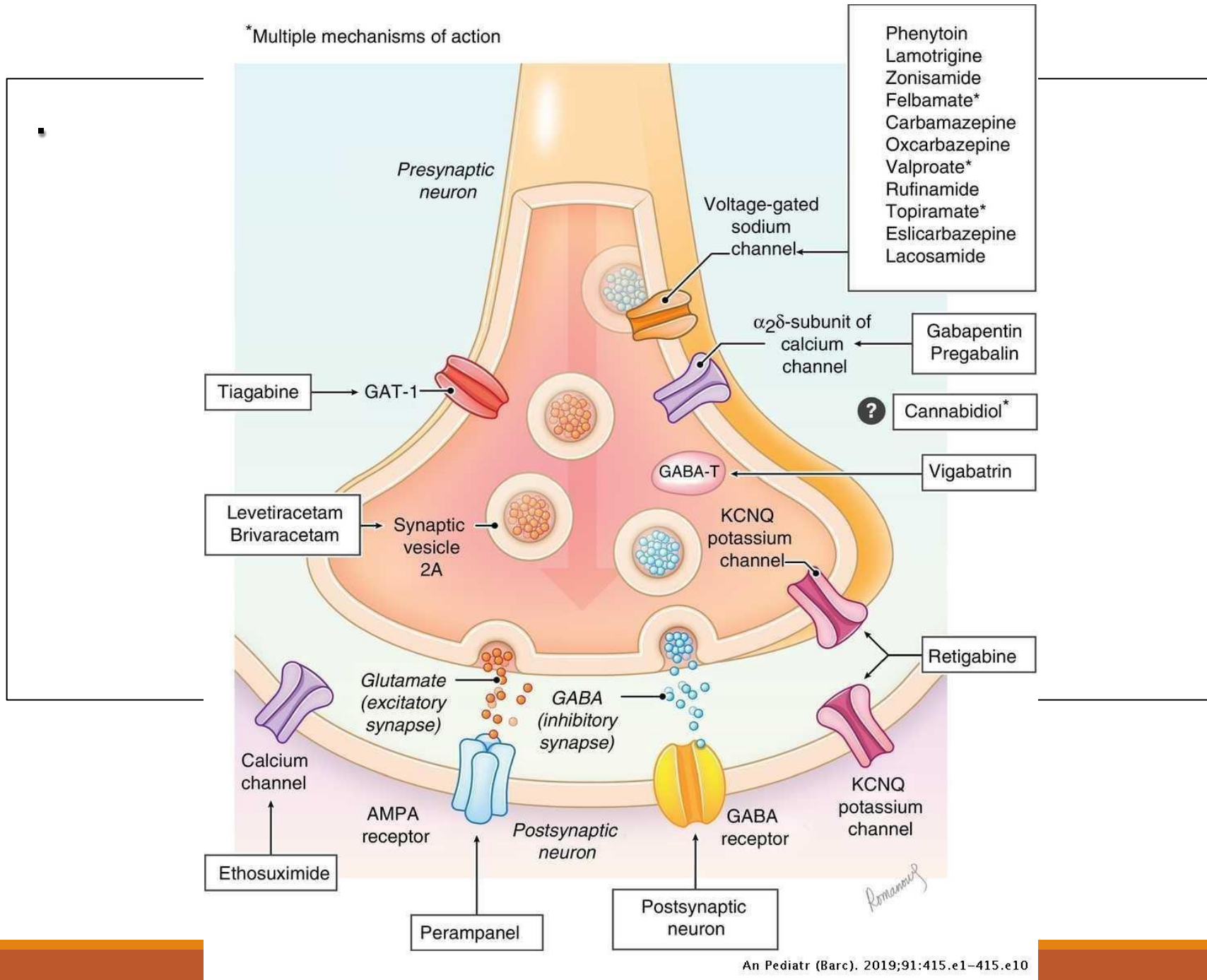
# Na channel blockers







\*Multiple mechanisms of action



# INDIVIDUAL DRUGS

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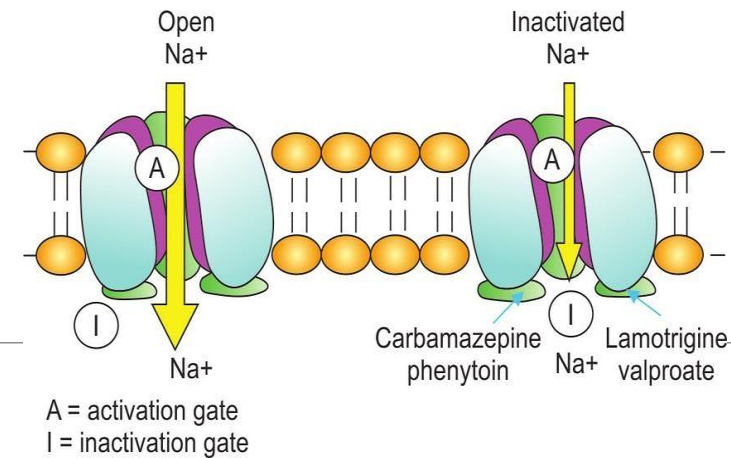
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# *PHENYTOIN*





# Mechanism of Action:



- it produces changes in:
- Conductance of  $\text{Na}^+$ ,  $\text{K}^+$  &  $\text{Ca}^{++}$
  - Membrane potential ( i.e., stabilization )
  - It blocks  $\text{Na}^+$  channels & thus the action potential esp. when sustained, high frequency & repetitive firing is there.
  - There is prolongation of inactivated state of  $\text{Na}^+$  conductance by binding with membrane lipids

## Uses:

1. Partial Seizures,
2. Generalized Tonic-Clonic Seizures,
3. Status Epilepticus,
4. **Neuralgias** (Carbamezepine is preferred)
5. **Cardiac Arrhythmias** (Chronic & Acute Ventricular Arrhythmias & Digoxin-induced arrhythmias)

## Toxicity:

### Early:

- **Cerebellum & vestibular system:**

Nystagmus, Diplopia, Ataxias;

- **GIT :**

Nausea, vomiting

- **CNS:**

Behavioral Changes – sedation, confusion, hallucination, etc.

- **Intravenous Infusion:**

hypotension, ventricular fibrillation  
purple glove syndrome



Later:

- esp. in children: Gingival hyperplasia, Hirsutism  
coarsening of facial features

- Vit. B<sub>12</sub> metabolism

**interference:** Megaloblastic  
Anemia



## Rare:

Hypersensitivity, fever, lymphadenopathy, agranulocytosis, hypoprothrombinemia & hemorrhages esp. in newborns.

## Fetal hydantoin syndrome

Fetal hydantoin syndrome include:

- cleft lip, cleft palate
- congenital heart disease
- slowed growth
- mental deficiency



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CARBAMAZEPINE





# MOA

Mechanism of Action: (autoinduction)

(similar to phenytoin)

At Therapeutic conc. It **blocks Na<sup>+</sup> channels** & inhibits high frequency repetitive firing of action potential.

It also act **pre-synaptically** to decrease synaptic transmission

It potentiates **post-synaptic actions of GABA.**

## Uses:

Partial and Generalized Tonic-Clonic Seizures.

Trigeminal Neuralgias

. Bipolar Affective Disorders & mania.



## Toxicity:

Early: Diplopia, Ataxia, Nausea, Vomiting.

Later:

- High Doses: Drowsiness, coma, blurred vision.
  - Idiosyncrasy: Aplastic anemia, agranulocytosis, Thrombocytopenia, Persistent Leukopenia, Erythematous rash.
- Serious (Rare): Hepatic dysfunction.

Hyponatremia

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VALPROIC ACID



- Mechanism multiple. Broadest spectrum AED
- (GABA enhance: GABA T-ve: Na, CA blockers;  
□ K channel opener)
  
- Absorption affected by food, BA 80%
- PPB increased, Enzyme inhibitor
  
- T/U. All seizure types, bipolar disorder, migraine
  
- Adverse effects
- GIT disturbance, hepatic dysfunction,  
□ ,thrombocytopenia, teratogenic (sb), wt gain,

*Ethosuximide*



**ETHOSUCCIMIDE**



- T-Type Ca current inhibits
- Na and K channels

□ No PPB

A/E

- GIT distress, lethargy, headache

T/U



- Absence seizure
- GTC

**Ethosuccimide**



© www.medindia.net

Ethosuximide is  
Administered to treat  
Absence Seizures

 **ETHosuximide** 


**ET** <sup>CS</sup> **Sux a Mind** until all thoughts are **absent!**

Drug of Choice for Absence Seizures

**E**ffects **T**halamus

**E**ffects **T**-type  $\text{Ca}^{++}$  channels (**T**ransient opening)

**E**ffects **T**iny "Petite" mal siezures (Absence)



Baronerocks.com

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# BARBITURATES



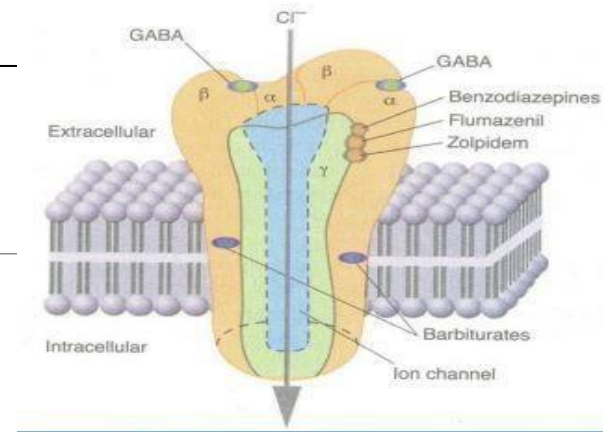
# Mechanism of Action:

- i. Enhancement of inhibition
- ii. Inhibition of excitation

- 1. Therapeutic conc..... GABA mimetic
- 2. Therapeutic conc.....blocks release of glutamate

3. High conc.....Suppress high-frequency repetitive firing in neurons in culture through an action on  $\text{NMDA}$  conductance

- 4. High conc.....barbiturates block some  $\text{Ca}^{2+}$  currents (L-type and N-type).



# Clinical Uses

- partial seizures
- generalized tonic-clonic seizures
  
- Kernicterus
- Sedative & Hypnotic
- General Anaesthetic

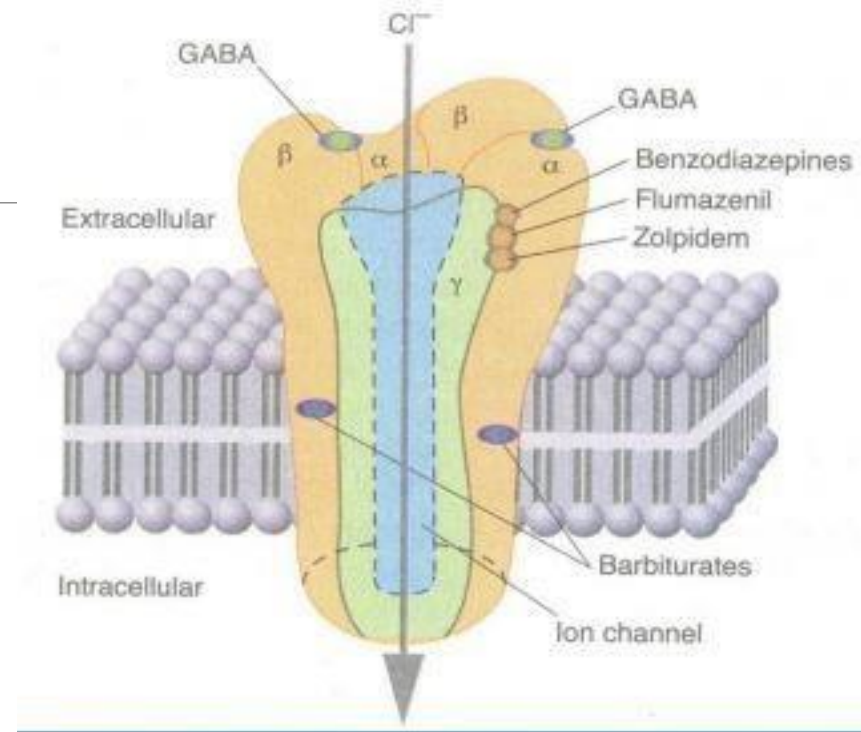
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# BENZODIAZEPINES



# Benzodiazepines

- Diazepam, Lorazepam
- GABAergic
- Status epilepticus, febrile convulsions, GTC, partial
- Limitations.. Sedation and tolerance



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Newer drugs/Add-on  
/Adjuvant drugs



# Vigabatrin:

## *MOA*

- Irreversible inhibitor of GABA aminotransaminase (GABA-T), the enzyme responsible for the degradation of GABA.
- It may also inhibit the vesicular GABA transporter.

## *Typical toxicities*

☐ drowsiness, dizziness, and **weight gain**. **Visual loss**

☐ agitation, confusion, and **psychosis**;

## *Contraindication.*

☐ preexisting mental illness

## *Uses:*

- **treatment of partial seizures and West's syndrome.**
- *The half-life is approximately 6-8 hours, but considerable evidence suggests that the pharmacodynamic activity of the drug is more prolonged and not well correlated with the plasma half-life.*

# Lamotrigine:

## MOA

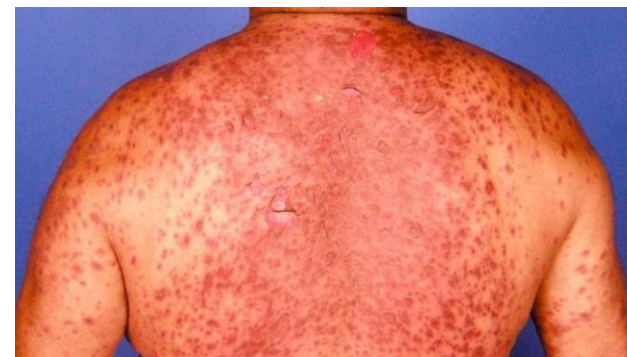
- Suppresses sustained rapid firing of neurons and produces a *voltage- and use-dependent inactivation of Na channels*.
- inhibits *voltage-gated Ca<sup>2+</sup> channels*,
- decreases the synaptic release of *glutamate*.

## Uses

- Add-on/monotherapy for *partial seizures*
- *absence and myoclonic seizures* in children.
- *bipolar disorder*.

## Adverse effects

- dizziness, headache, diplopia
- nausea, somnolence, skin rash.
- The rash is a typical hypersensitivity reaction; its risk may be diminished by introducing the drug slowly, pediatric patients are at high risk; some studies suggest that a potentially life-threatening dermatitis will develop in 1–2% of pediatric patients.



# Gabapentin / Pregabalin:

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- Gabapentin is an amino acid, an analog of GABA, that is effective against partial seizures.
- Pregabalin is another GABA analog, closely related to gabapentin.
- This drug has been approved for both antiseizure activity, analgesic properties & muscle relaxant.

## *Mechanism of Action*

- In spite of their close structural resemblance to GABA, gabapentin and pregabalin **do not act directly on GABA receptors.**
- Binds to  $\alpha 2\delta$  subunit of Ca channels
- Modify release of glutamate



Gabapentin follows **saturation kinetics**...  
absorption by L amino acid transport is saturated...  
bioavailability is decreased



## Uses:

- Gabapentin & Pregabalin both are effective as an adjunct against
- partial seizures
- generalized tonic-clonic seizures in larger doses.
- neuropathic pain

## *Adverse effects (No DDI)*

- somnolence, dizziness, ataxia, headache, and tremor.



# Status epilepticus

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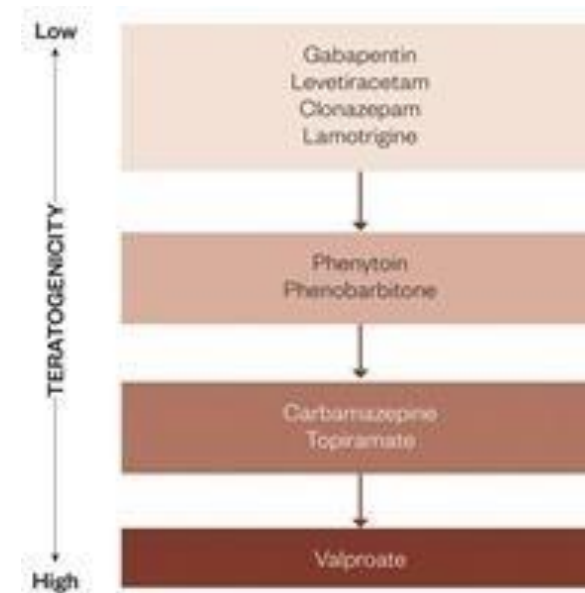
- IV benzodiazepines...lorazepam is preferred
- IV phenytoin/Phenobarbitals /valproic acid
- General anaesthetics



# Teratogenicity



- Valproic acid, phenobarbital, phenytoin, topiramate, carbamazepine are teratogenic
- Lamotrigine and levetiracetam are safe



# Mechanism of Action

**TABLE 20-2 Mechanisms of Selected Antiepileptic Drugs**

DRUG	EFFECTS ON ION FLUX	EFFECTS ON GABA	EFFECTS ON GLUTAMATE
Carbamazepine	Blocks voltage-sensitive sodium channels	—	—
Clonazepam	—	Enhances GABA-mediated chloride flux	—
Clorazepate	—	Enhances GABA-mediated chloride flux	—
Diazepam	—	Enhances GABA-mediated chloride flux	—
Ethosuximide	Blocks T-type calcium channels	—	—
Felbamate	—	—	Blocks glycine activation of NMDA receptors
Gabapentin	—	Increases GABA release	—
Lamotrigine	Blocks voltage-sensitive sodium channels	—	—
Lorazepam	—	Enhances GABA-mediated chloride flux	—
Phenobarbital	—	Enhances GABA-mediated chloride flux	—
Phenytoin	Blocks voltage-sensitive sodium channels	—	—
Primidone	Possibly blocks voltage-sensitive sodium channels	Enhances GABA-mediated chloride flux	—
Topiramate	Blocks voltage-sensitive sodium channels	Increases GABA activation of GABA <sub>A</sub> receptors	Blocks kainate and AMPA receptors
Valproate	Possibly blocks voltage-sensitive sodium channels and T-type calcium channels	Increases GABA synthesis and inhibits GABA degradation	Possibly decreases glutamate synthesis

## **ADVERSE EFFECTS**

<b>Antiepileptic Drug</b>	<b>Adverse Effects</b>
Benzodiazepines	Sedation, tolerance, dependence
Carbamazepine	Diplopia, cognitive dysfunction, drowsiness, ataxia; rare occurrence of severe blood dyscrasias and Stevens-Johnson syndrome; induces hepatic drug metabolism; teratogenic potential
Ethosuximide	Gastrointestinal distress, lethargy, headache, behavioral changes
Felbamate	Aplastic anemia, hepatic failure
Gabapentin	Dizziness, sedation, ataxia, nystagmus; does not affect drug metabolism (pregabalin is similar)
Lamotrigine	Dizziness, ataxia, nausea, rash, rare Stevens-Johnson syndrome
Levetiracetam	Dizziness, sedation, weakness, irritability, hallucinations, and psychosis
Oxcarbazepine	Similar to carbamazepine, but hyponatremia is more common; unlike carbamazepine, does not induce drug metabolism
Perampanel	Dizziness, somnolence, headache; behavioral hostility, anger. Drug interactions with CYP inducers (carbamazepine, oxcarbazepine, phenytoin)
Phenobarbital	Sedation, cognitive dysfunction, tolerance, dependence, induction of hepatic drug metabolism; primidone is similar
Phenytoin	Nystagmus, diplopia, sedation, gingival hyperplasia, hirsutism, anemias, peripheral neuropathy, osteoporosis, induction of hepatic drug metabolism
Retigabine (ezogabine)	Dizziness, somnolence, confusion, dysarthria, pigment discoloration of retina and skin
Tiagabine	Abdominal pain, nausea, dizziness, tremor, asthenia; drug metabolism is not induced
Topiramate	Drowsiness, dizziness, ataxia, psychomotor slowing and memory impairment; paresthesias, weight loss, acute myopia
Valproic acid	Drowsiness, nausea, tremor, hair loss, weight gain, hepatotoxicity (infants), inhibition of hepatic drug metabolism
Vigabatrin	Sedation, dizziness, weight gain; visual field defects with long-term use, which may not be reversible
Zonisamide	Dizziness, confusion, agitation, diarrhea, weight loss, rash, Stevens-Johnson syndrome



# Drug drug interaction (DDI)

**TABLE 20-4 Interactions of Antiepileptic Drugs**

ANTIEPILEPTIC DRUG	INTERACTING DRUGS THAT INCREASE SERUM LEVELS*	INTERACTING DRUGS THAT DECREASE SERUM LEVELS†	INTERACTIONS THAT CAUSE OTHER EFFECTS
Carbamazepine	Cimetidine, diltiazem, erythromycin, fluoxetine, isoniazid, and propoxyphene	Carbamazepine	Decreases serum levels of calcium channel blockers, clozapine, haloperidol, steroids, theophylline, thyroid, and warfarin Increases lithium toxicity.
Clonazepam	Cimetidine and disulfiram	Rifampin	Increases central nervous system (CNS) depression if alcohol is ingested
Clorazepate	Cimetidine and disulfiram	Rifampin	Increases CNS depression if alcohol is ingested.
Diazepam	Cimetidine	Rifampin	Increases CNS depression if alcohol is ingested
Ethosuximide	Valproate	—	May alter seizure pattern if taken in combination with haloperidol
Felbamate	—	Carbamazepine and phenytoin	Increases CNS depression if alcohol is ingested
Gabapentin	—	Antacids	—
Lamotrigine	Valproate	Carbamazepine, phenobarbital, and phenytoin	Decreases serum levels of valproate
Lorazepam	—	Rifampin	Increases CNS depression if alcohol is ingested
Phenobarbital	Valproate	Phenobarbital	Decreases serum levels of many drugs; increases meperidine toxicity
Phenytoin	Chloramphenicol, cimetidine, isoniazid, and sulfonamides	Carbamazepine	Decreases serum levels of amiodarone, digoxin, quinidine, steroids, theophylline, vitamin K, and other agents
Primidone	Valproate	Phenobarbital	—
Topiramate	—	Carbamazepine and phenytoin	Decreases serum levels of oral contraceptives
Valproate	Salicylates	Carbamazepine, lamotrigine, and phenytoin	May increase or decrease serum levels of carbamazepine and phenytoin

<p><b>HEPATIC ENZYME INDUCERS</b></p> <p>PHENYTOIN  CARBAMAZEPINE (also autoinduction)  BARBITURATES  OXCARBAZEPINE  TOPIRAMATE (weak)</p>	<p><b>MAINLY RENALLY EXCRETED</b></p> <p>GABAPENTIN  LEVETIRACETAM  TOPIRAMATE (lesser extend)</p>																				
<p><b>CONCOMITANT MIGRAINE</b></p> <p>VALPROATE  GABAPENTIN  TOPIRAMATE</p>	<p><b>WEIGHT LOSS</b></p> <p>TOPIRAMATE  ZONISAMIDE</p>																				
<p><b>PARENTERAL AVAILABLE</b></p> <p>PHENYTOIN/FOSPHENYTOIN  VALPROATE  BARBITURATES  BENZODIAZEPINES</p>	<p><b>ONCE DAILY DOSE</b></p> <p>PHENYTOIN  ZONISAMIDE  VALPROATE  PHENOBARBITAL</p>																				
<p><b>HIGH PROTEIN BINDING</b></p> <table border="0"> <tr> <td>PHENYTOIN</td> <td>(70-90%)</td> </tr> <tr> <td>VALPROATE</td> <td>(85-95%)</td> </tr> <tr> <td>TIAGABINE</td> <td>(96%)</td> </tr> <tr> <td>CARBAMAZEPINE</td> <td>(75%)</td> </tr> <tr> <td>CLOBAMAZEPINE/CLONAZEPAM</td> <td>(83%-86%)</td> </tr> <tr> <td>PHENOBARBITAL</td> <td>(45%-60%)</td> </tr> </table>	PHENYTOIN	(70-90%)	VALPROATE	(85-95%)	TIAGABINE	(96%)	CARBAMAZEPINE	(75%)	CLOBAMAZEPINE/CLONAZEPAM	(83%-86%)	PHENOBARBITAL	(45%-60%)	<p><b>ACTIVE METABOLITIES</b></p> <table border="0"> <tr> <td>CARBAMAZEPINE</td> <td>EPOXIDE</td> </tr> <tr> <td>CLOBAZAM</td> <td>N-DESMETHYLCLOBAZAM</td> </tr> <tr> <td>OXCARBAZEPINE</td> <td>10-MONOHYDROXY (MHD)</td> </tr> <tr> <td>PRIMIDONE</td> <td>PHENOBARNITAL</td> </tr> </table>	CARBAMAZEPINE	EPOXIDE	CLOBAZAM	N-DESMETHYLCLOBAZAM	OXCARBAZEPINE	10-MONOHYDROXY (MHD)	PRIMIDONE	PHENOBARNITAL
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Pearls of antiepileptic drug use and management.

THE END.

