

Stomach - Upper GI (S2)
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Final year
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✓
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SU P PR

D → A 50 yr. old male banker presents with haematemesis, 2-3 times a day for past 02 days. On asking he admits passing tarry colour stool. Sometimes during past 06 months O/E pallor is only the finding.

D.D ↓

Peptic ulcer Disease

Duodenal perforation

Gastric perforation

Gastric CA.

Investigations → Next page

- * Ultrasound Abdomin
- * CT scan Abdomin
- * Lymphnodes (Virchow's node)

P. Peptic ulcer Disease

> A 55 yr. banker a-personality presents in A&E with dizziness, cold, sweating. O/E He is pale, Tachycardiac, tachypnic with Bp 90/60 mmHg. Abdomin is soft and non-tender.

- Diagnosis - Peptic ulcer Disease
- Investigation
- Management

Investigation : Start Rx with PPI initially

Ⓐ- Gastro-duodenoscopy

Upper GI endoscopy (Gold-Standard)

Ⓑ- Quick urease Test (CLO)

9f H-pylori present in biopsed tissue

Urea

↓ urease

Ammonia → change in colour of medium

Ⓒ- Carbon-13 labelled urea breath Test

Ⓓ- Stool Test 96% sensitive

95% specific

Ⓔ- Histology + culture :

Gold-standard test

for H-pylori infection.

Ⓕ- Serum gastric level :

To rule out gastrinoma.

Rx :

Medical Rx :

- PPI's
- IV PPI's - Patients showing complication of ulcers
- Stop smoking + alcohol
- Patients on NSAIDs } → should use H₂ blockers
Aspirin } concomitant PPI's

Eradication Therapy :

R-1 → PPI B.I.d + clarithromycin 500 mg B.I.D + } 02 week
Amoxicillin 1000 mg B.I.D }

R-2 → PPI B.I.d + clarithromycin 500 mg B.I.D + } 02 week
metronidazole B.I.D }

R-3 → PPI + Amoxicillin 1000 mg B.I.D } 05 days
↓

PPI + Clarithromycin 500 mg + tinidazole 500 mg B.I.D }

surgical :

→ ① surgery for duodenal ulcer :

Bilroth I gastrectomy

Bilroth II gastrectomy

Gastrojejunostomy

→ ② vagus denervation + drainage procedure.

Truncal vagotomy + Drainage

selective vagotomy + Drainage

Highly selective vagotomy

Perforated peptic ulcer

→ A 60 yr. old male suffering from Rheumatoid arthritis for several years presents in A&E with acute abdomen pain for past 12 hrs. O/E he is anxious BP 100/60, Pulse 120/min R/R 20/min. Abd. examination revealed rigid abdomen with tenderness all over and absent bowel sounds?

→ write short note on congenital hypertrophic pyloric stenosis? (PPU) next.

→ A 50 yr. woman presents in emergency with sudden onset of severe epigastric pain that spreads whole of her abdomen. She has habit of self-medication for her back-pain for six months. O/E She is in shock like state with distended still abdomen & generalized rigidity.

1 → 50 yr. old smoker presents in emergency with severe upper Abd. pain which becomes generalized in hours. He is known case of OA. His pulse is 110/min Bp 90/60 with sunken eyes and he is not moving his abdomen with respiration.

- Diagnosis → PPU

- Investigation

- Rx.

*
⇒ Bleeding peptic ulcer is not perforated peptic ulcer.

Investigation :

- Clinical diagnosis

① - X-ray chest erect → Air under diaphragm.

② - leucocytosis ← CBC

USG Abdomen → Free fluid
Serum amylase - Rule out Pancreatitis (4 times ↑)

* CT-scan Abdomen - More accurate
differentiate other cause
of acute abdomen.
memo's →

Treatment :

Conservative : Admit
History - O₂ wide bore IV-cannula.

- IV-Fluids

Nasogastric aspiration

Monitor urine output

- IV-antibiotics (Cephalosporin
metronidazole)

Analgesics

Arrangement of Blood

Surgical :

open →

General anaesthesia

Upper mid-line incision

Peritoneal cavity washed. Normal saline

Duodenal perforation - stitching in transverse
direction.

Omental patch over perforation - to avoid
leak.

Stomach perforation - margins refreshed

Biopsy from margin

Perforation closed.

Massive " - Billroth II gastrectomy
or
subtotal gastrectomy.

Laparoscopically

ast-ope :

IV-Fluids

Electrolyte

Anti-biotics

Analgesics

Life-long proton pump inhibitors

Eradication Therapy for *Helicobacter* infection.



R₁ - PPI (B.I.D) + Clarithromycin 500mg (B.I.D)
+ Metronidazole (B.I.D) } 02 weeks.

R₂ - P.P.I (B.I.D) + Clarithromycin 500mg (B.I.D)
+ Amoxicillin 500mg (B.I.D) } 02 weeks.

R₃ - P.P.I - (B.I.D) + Amoxicillin 1000mg } 05 days
Then

P.P.I. (B.I.D) + Clarithromycin 500 (B.I.D) + Tinidazole } 05 days

Prevention

No smoking

No alcohol

→ Hypertrophic Pyloric stenosis :-

→ one month old neonate presents with projectile non-bilious vomiting off and on. O/E there is 3x2cm non-tender mass is palpable in the epigastrium.

→ A 6 month old baby boy presents with recurrent vomiting. The baby is always hungry after an episode of vomiting which is non-bilious.

→ write short on congenital pyloric stenosis?

→ A male neonate presents to ER with vomiting, which is recurrent & projectile, during test feed there is visible peristalsis in upper abdomen from left to right.

Scenario points



- Diagnosis

- Rx

- complications

Rx :-
✓ Admit - History examination

→ IV-Fluids containing Na

→ Nasogastric aspiration

→ Correct Acid-Base derangement

→ Early pyloric stenosis → Resolves spontaneously ^{from} L-R

→ Severe → Endoscopic Balloon Dilation

surgical pyloroplasty / Gastrojejunostomy

✓ Prev. History of Acid peptic disease

✓ Projectile or effortless vomiting

✓ Gastric content

✓ Bile Absent

✓ Weight loss → Electrolyte disturbance

✓ Dury Test feed

visible peristalsis

from L-R

Complications:

Nutritional Deficiency

Anemia (Iron) - A

Vit-B₁₂

C - Calcium Deficiency

Malabsorption

↓ Appetite - A

Recurrent ulceration

D - Dumping syndrome

Alkaline reflex gastritis - A

Post-vagotomy

D - Diarrhea

Gastric CA

=

Gall-stone formation.

=

55 yr. old male presents in surgical OPD with c/o dysphagia of recent onset bloating & weight loss.
O/E he is anemic, cachectic & palpable supra-clavicular LN.

65 yr. male presents with H/O anorexia, epigastric pain and occasional coffee colour vomiting. His gastroscopy reveal excavated lesion along with lesser curvature of stomach.

- Diagnosis
 - Investigation
 - Rx.
- Physical signs + causes

Diagnosis → Gastric carcinoma

Causes → Smoked food
Excessive salt
↓ Intake of fresh-vegetables
Chronic gastritis
Pernicious Anemia
Previous Gastric surgery
Mutation of E-cadherin

Physical signs →

5P's.

Palpable Abdominal mass

Palpable supraclavicular lymph nodes
(Virchow's nodes)

Palpable peri-umbilical lymph node

(Sister Mary Joseph nodule)
Palpable ovarian mass (Krukenberg tumor)

Palpable mass on DRE (Blumer Shelf)

Investigations:

Gastroscopy:

- Fiber optic gastroscopy - Screening
- Diagnosis

Endoscopic UGG:

- To define
- Limit of spread cancer
- Identify lymph node involvement.

CT-scan, Abdomin, Pelvis, chest:

- Local extent of Tumor
- Lymph node involvement
- systemic metastasis. (Liver, Lungs)

PET-scan: Pre-operative staging of gastro-oesophageal

Pre-op laproscopy:

- small peritoneal implants
- small liver metastasis.

Staging: UICC

T-staging

T₁ - Tumor invades lamina propria

T₂ - Tumor invades muscularis or sub-serosa

T₃ - Invades serosa

T₄ - Invades adjacent organs.

N-staging

N₀ - No lymph node involved

N₁ - metastasis in 1-6 regional L-nodes

N₂ - metastasis in 7-15 regional L-nodes

N₃ - metastasis more than 15 Regional L-nodes.

M-staging

No distant metastasis

Distant metastasis (D₀ - 1)

- KX 0
- ① - Subtotal gastrectomy
 - ② - Total gastrectomy

Subtotal gastrectomy:

- Ligation & division of R+left gastric and gastriepiloric arteries.
- En-block resection of stomach + 75-80% pylorus + 2cm of duodenum.
- Greater omentum + lesser omentum + lymph tissue is also removed.

By →

- Laparoscopically
- Billroth II gastrojejunostomy

Total gastrectomy

Removal of omentum + D₂ lymphadenectomy
Adjacent organs if involved

By → Roux-en-y esophageojjunostomy.

splenectomy - Indication complications

Indication : TRD(P) w.

* Traumatic :

- ✓ Blunt or penetrating injury of upper Abdomin
- ✓ Iatrogenic injuries - Colectomy
Paraesophageal hernia
Nephrectomy
Fundoplication.

* Red-Cell Disorders :

- ✓ Congenital - Hereditary spherocytosis ←
Sickle cell disease ←
Thalassemia ←
- ✓ Acquired - Auto-immune hemolytic anemia ←

* Platelet Disorder :

- ITP ✓ Idiopathic Thrombocytopenia purpura
- TTP ✓ Thrombotic Thrombocytopenia purpura.

* White cell + Bone marrow disorder

- Lymphoma
- Hodgkin's Disease
- Myelofibrosis
- CML, AML

Complications :

Intra-operative



- Hemorrhage
- Bowel injuries
- Injuries to pancreas
- Diaphragmatic injury

Early post-op



- ✓ Pulmonary - atelectasis
Pneumonia
P-effusion
sub-phrenic abscess
wound infection, hematoma
Post-op ileus. Post-op gastric dilatation

Late



- Opportunistic
Post-op infection

Tracheostomy - indication Complication

Indication :

★ Upper air-way obstruction

- Tumors of larynx, pharynx, oropharynx
- Infections (Epiglottitis)
- Bilateral vocal cord paralysis
- Trauma
- Foreign body obstruction
- Sub-glottic or tracheal stenosis

★ Mechanical ventilation

★ Pulmonary Toilet

- Congestive cardiac failure
- Infection
- Pulmonary edema
- Bulbar palsy

★ Elective procedures

Complication :



Immediate

- Hemorrhage ★
- ✓ Air-embolism ★
- ✓ Apnea
- ✓ Local Damage - Thyroid cartilage
- ✓ Cardiac arrest ★
- ✓ Pneumo thorax / Pneumo mediastinum ★

Intermediate



- Displacement of Tube ★ ✓
- Sub-cutaneous emphysema ★
- Infections ★ ✓
- Scabs + crusts
- Dysphagia ✓
- Tracheal necrosis

Late



- ✓ Tracheal Stenosis ★
- Difficulty in cleaning ★
- Tracheo-cutaneous fistula