

 Zoom

DOSE & INDICATION:
80 & 120 MGS for treatment of ch. gout.

AD. EFFECTS: Disturbances in LFTs.

Diarrhea, nausea, headache.

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- Well tolerated in pts. of allopurinol intolerance.
- Prophylactic treatment with colchicine or NSAIDS should start at the beginning of treatment to avoid gout flares.

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- PHARMACODYMICS: Potent & selective inhibitor of X.O. & so dec. formation of xanthine & uric acid.
Now this enzyme involved in purine or pyrimidine metabolism are inhibited.
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- In standard doses, more effective than allopurinol in lowering serum urate levels.
- 1st new drug for treatment of gout over 40 yrs.

FEBUXOSTAT

- 1st nonpurine xanthine oxidase inhibitor
- Approved by FDA.

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oral administration. Peak plasma conc. attained in 01 hr. Extensively metabolized in liver. Eliminated in urine.

- No need of dose adjustment in pts. of renal impairment B/O its extensive metabolism.

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Slides Outline

Pharmacodynamics

- Used in gout and hyperuricemia. It also converts tooxylate to uric acid. Uric acid is excreted in urine and then oxidized to uric acid. This leads to gout in excess of uric acid.
- It converts xanthine & hypoxanthine to uric acid and then oxidizes them to uric acid. So, when XANTHINE, which has xanthine & hypoxanthine units and those compounds reduce their units and get converted to uric acid. Uric acid then gets excreted in urine.

INDICATIONS:

- 1. Hyperuricemia: Due to gout and hyperuricemia leads to gout. So, it can be used to treat gout.
- 2. Hyperuricemia: Due to xanthine oxidase deficiency. So, it can be used to treat gout.
- 3. Hyperuricemia: Due to xanthine oxidase deficiency to treat the formation of uric acid crystals known as tophi in joints.
- 4. As an antidiuretic.
- 5. Other indications: Gout, Hyperuricemia.

AD. EFFECTS:

- Allergic reactions: Rash, Maculopapular rash, 3% of pts.
- Rarely can bind to lens resulting in cataract.
- Inhibits the metabolism of mercaptopurine and azathioprine, drugs that depend on X.O. for elimination.

DOSAGE: Initially 100 mgs/d ↑ to 300mgs/d depending on serum urate levels.

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FEBUXOSTAT

- 2P purine inhibitor similar to allopurinol.
- Approved for USA.

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Pharmacodynamics

- Used in Gout and hyperuricemia. It inhibits xanthine oxidase. Xanthine oxidase converts xanthine to uric acid. Uric acid is a waste product of purine metabolism.
- It is also used in Leishmaniasis, leprosy and sarcoidosis.

INDICATIONS:

1. Treatment of gout with allopurinol needs to be continued for years if not life time.
2. In chronic kidney disease following renal transplants or in patients with renal failure.
3. Allopurinol also used as an adjunctive agent along with drugs to reduce the formation of uric acid crystals in the body of the kidneys.
4. As an antileprosy drug.
5. Other indications are mentioned below.

ad. effects or hypersensitivity.

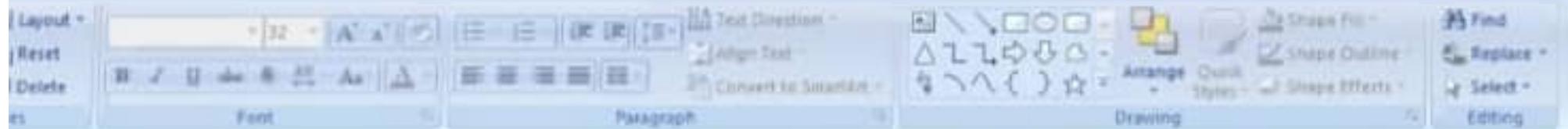
- 6. When starting allopurinol, Colchicine or NSAIDS should also be used until steady state serum uric acid is normalised or dec. to less than 6 mg/dl.

AD. EFFECTS: GI intolerance(N,V,D)

Peripheral neuritis, necrotising vasculitis, bone marrow depression. Rarely aplastic anemia.

- Hepatic toxicity & interstitial nephritis.

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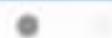
renal failure.

INDICATIONS:

- 1. TREATMENT of gout with allopurinol has to be continued for years if not life time.
- 2. To prevent massive uricosuria following blood dyscrasias which can lead to renal calculi.
- 3. Allopurinol is also used as an adjunct to cancer chemotherapy to slow the formation of uric acid from purines released by the death of large numbers of neoplastic cells.
- 4. As an antiprotozoal.
- 5. When uricosuric drugs cannot be used B/O ad.

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Allopurinol(purine analog)

- X.O.inhibitor which decreases total body uric acid. I

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$t_{1/2}$ 1-2 hours.

- Allopurinol is metabolized by X.O. resulting in compound, alloxanthine. Alloxanthine is an irreversible suicide inhibitor of the enzyme & has long t $\frac{1}{2}$ 15 hrs. So given once daily. Excreted unchanged as alloxanthine by kidneys.

COLCHICINE

- Plant alkaloid isolated from **COLCHICUM AUTUMANLE.**
- Rapidly absorbed after oral administration. Peak levels within 02 hrs. Some is metabolised in liver & some is excreted unchanged in bile & then reabsorbed from gut. It increases its gut toxicity.

MOA: Drammatically relives pain & inflammation of gouty arthritis in 12-24 hrs without altering metabolism or excretion of

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DRUGS (COMPATIBILITY MODE) - MICROSOFT POWERPOINT

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DRUG TREATMENT OF GOUT

- Drugs that suppress symptoms
- Anti-inflammatory drugs with or without steroids
- Colchicine & aperients
- Drugs that prevent uric acid excess - Allopurinol & Uricosuric agents
- Uricosuric agents - Bumetanide & Furosemide

DRUG TREATMENT OF AC. GOUT

- NSAIDS - highly effective in decreasing ac. attack. In a few hrs. Colchicine is 2nd choice. 25-50 mg. 50 orally 4th dose in 24 hrs. Naproxen, ibuprofen, ibuprofen, ibuprofen, ibuprofen are alternatives.
- COLCHICINE given when you cannot tolerate NSAIDs
- Other drugs till then prednisone starting 40 mg/d, then tapering to symptomatic doses.

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- No role of **Allopurinol & uricosuric agents** in ac. Gout rather they are used in recurrent & progressive gout.
- Any vigorous diuretic therapy may ppt. ac. Gout by depleting volume. This will result in re-absorption of all substances including uric acid in pct.**

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DRUG TREATMENT OF AC. GOUT

- 1) **NASIDS** highly effective in terminating ac. attack in a few hrs. Indomethacin is 1st choice. 25-50 mgs. tds orally 4th dose at bedtime. Naproxen, Diclofenac, Piroxicam, Sulindac are alternatives.
- 2) If these drugs fail, then prednisilone starting 40 mgs/d then tapering as symptoms disappear.

COLCHICINE

- 1) Rapidly absorbed after oral administration. Peak levels within 30 min. Half-life is prolonged or short & varies as patient challenged on NSA & then withdrawn. Then gut becomes less sensitive.
- 2) **MOA:** non-steroidal anti-inflammatory drugs (NSAIDs) or colchicine inhibit phagocytosis & movement of neutrophils. And, inflammation which is produced by binding to C5 convertase (subunit consisting of C5 convertase inhibitor, C4b2a, C3 convertase cleavage products) leading to inhibition of C5 convertase & subsequent less effector.
- 3) Side effects include nausea, vomiting, diarrhea, headache, tinnitus, dizziness, tachycardia, hypertension, hypotension, bradycardia, arrhythmia, etc.

Polymerase is a chemical reaction in which two or more small molecules combine to form larger molecule that contain having smaller units of the original molecule. Polymer is a substance made up of large number of smaller molecules that has

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DRUG TREATMENT OF GOUT

1) Drugs that suppress symptoms.

- Anti-inflammatory drugs with or without analgesia: Indomethacin, Diclofenac, Naproxen, Piroxicam.
- Colchicine & adrenal steroids.

2) Drugs that prevent urate synthesis:

Allopurinol & Febuxostat.

3) Uricosuric agents:

Sulphinpyrazone & Probenacid.

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NETHOPHYTOLGY: uric acid crystals are initially phagocytosed by synoviocytes which then release PG, collagenase enzymes & IL-1. Attracted by these chemotactic mediators, polymorphonuclear leukocytes migrate into joint space & amplify the ongoing inflammatory process. In the absence of crystals, T cells of macrophages secrete IgG which coats the urate crystals & releases more inflammatory mediators.

In addition, there is T-cell mediated production in synovial fluid which causes a ↓ in cAMP which fosters deposition of urate crystals.

acute gout attacks can result from a number of conditions, including excessive alcohol consumption, a diet rich in purines or kidney disease.

The diagram illustrates the pathophysiology of gout. It shows a central 'Urate crystal' surrounded by 'Synoviocytes'. An arrow labeled 'Colchicine' points to the crystal. A 'PMN' (polymorphonuclear leukocyte) is shown nearby. Various mediators are released: 'LTB4' (labeled in a yellow box), 'PG' (prostaglandin), 'Enzymes', and 'IL-1'. These mediators affect other cells, including another 'PMN' and a 'MNP' (macrophage). 'Indomethacin, phenylbutazone' is shown inhibiting the release of 'PG' from the MNP. A callout box states: 'Please, notice they slowdown the process of inflammation and apoptosis.'

DRUG TREATMENT OF GOUT

- Drugs that suppress synthesis
 - anti-inflammatory drugs with or without uricosurics: Allopurinol, Probenecid, Lesinurad, Febuxostat
 - Colchicine & aperients
- Drugs that prevent urate synthesis
 - Allopurinol & Febuxostat
 - Uricosuric agents
 - Sulfinpyrazone & Probenecid

DRUG TREATMENT OF AG GOUT

- NASIDS highly effective in terminating acute attack in a few hrs. **Indometacin** at 250mg, 12.50 mg/kg/day or 2000 mg/day. **Toloxifen, Diclofenac, Ibuprofen, Sulindac** are alternatives.

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In addition, there is ↑ in lactic acid production in synovial fluid which causes a ↓ in local PH which fosters deposition of urate crystals.

Acute gouty attacks can result from a number of conditions, including excessive alcohol consumption, a diet rich in purines or kidney disease.

PATHOPHYSIOLOGY: urate acid crystals are initially phagocytosed by synoviocytes which then release PGs, lysosomal enzymes & IL-1. Attracted by these chemotactic mediators, polymorphonuclear leukocytes migrate into joint space & amplify the ongoing inflammatory process. In the later phase of attack, ↑ no. of macrophages appear, ingest the urate crystals & release more inflammatory mediators.

In addition, there is ↑ in auto-oxidation production in synovial fluid which results in ↑ in reactive oxygen species (ROS) which further deplete antioxidant reserves.

Acute gouty attacks can result from a number of conditions, including excessive alcohol consumption, a diet rich in purines or in kidney disease.



DRUG TREATMENT OF GOUT

- 1. Drugs that suppress synthesis
 - 1. Non-steroidal anti-inflammatory drugs (NSAIDs)
 - 2. Colchicine
 - 3. Steroids
- 2. Drugs that prevent crystal formation
 - 1. Allopurinol & Febuxostat
 - 2. Uricosuric agents

DRUG TREATMENT OF AC. GOUT

- 1. NSAIDS highly effective in controlling acute attack. **Indometacin** is 1st choice. 250 mg. twice daily AT onset of attack. **Naproxen, Diclofenac, Ibuprofen** are alternatives.

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GOUT
BY DR JAVAID NAZIR

Gout: a hereditary disease characterized by recurrent episodes of acute arthritis due to deposition of monosodium urate crystals & settings formation of tophi. It is a chronic disease, with a high attack rate and low level of disability associated with a significant amount of purine metabolism. Complications include gouty nephropathy, gouty arthritis, and tophi.

Purines ← DNA, RNA
↓
Hypoxanthine
Xanthine oxidase + O → Xanthine
Xanthine oxidase + O → Uric acid
Allopurinol
Allopurinol
Uric acid crystals
Hydrolytic enzymes
NEUTROPHIL
Phagocytosis of uric acid crystals by neutrophils

BIOLOGY: Uric acid crystals are initially phagocytosed by neutrophils which then release ROS, lysosomal enzymes & IL-1. Attended by tissue chemoattractants, polymorphonuclear leukocytes migrate into joint space & amplify the ongoing inflammatory process. In the later phase of attack, T cells of macrophages release IL-17 which triggers IL-1 release from fibroblasts.

In addition, there is Th1 cells and production of cytokines such as IL-1, IL-6, IL-8, TNF-α which trigger deposition of chondroitin.

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DOSAGE

- Probenacid 0.5 g/d orally in divided doses increased up to 1 g
- Spz 200 mgs orally daily increased up to 400 to 800 mgs per day in divided doses with food.

Please move this window away from the shared application after one week

DRESSING AGENTS:
- PROBENACID & UROTHYMOLIC
- Used to reduce back pain in 50%
- Reduced incidence of recurrent attacks of gout and to ease formation of uric acid stones.
- PROBENACID - Not all patients tolerate use of oral solution. SPZ is equal to oral solution in reduction of uric acid/gout attacks.
- Probenacid is orally bioavailable to oral solution and twice metabolism - 50% TSH.

MSA: can affect blood glucose levels at glucose tolerance tests. Check for increased blood glucose levels if you have a history of diabetes mellitus or if you are taking medications for diabetes.

• Probenacid inhibits renal tubular reabsorption of uric acid in patients. Therefore, in the first week, urine may become very concentrated containing the uric acid crystals.

• Probenacid can cause rash and to avoid this, patient should take Sudocrem or similar emollient in skin disorders.

INDICATIONS:
- Probenacid after initial attack of gouty arthritis or other evidence of early disease of gouty arthritis and totes are not from the disease damage to kidneys.
- Probenacid should not be started until two to three weeks after an acute attack.
Spz: used to reduce uric acid in those who cannot tolerate both oral uric acid and uric acid.

DOSAGE:
- Probenacid 0.5 g/d orally in divided doses increased up to 1 g after one week.
- Spz 200 mgs orally daily increased up to 400 to 800 mgs per day in divided doses with food.

Allison's purine analog:
- A drug which increases uric acid levels and reduces it.

Indications

- Therapy initiated after several attacks of gouty arthritis or when evidence of tophi appears or when serum uric acid levels are so high that tissue damage is inevitable.
- Therapy should not be started until two to three weeks after an acute attack.

Toxicity: Both are GI irritants but spz is more active. Allergic dermatitis both may cause aplastic anaemia rarely.

Probenecid may cause nephrotic syn.

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- Spz rapidly excreted by kidneys, even then its duration of its action is as long as probenacid,

MOA: uric acid freely filtered at glomerulus.
Uricosuric drugs block its reabsorption at the

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acid secretion site. Formation of other weak acids also decreased by these agents.

- Aspirin should not be used as an analgesic in gouty patients because in low doses aspirin causes net retention of uric acid by inhibiting the secretory transporters. I
- Probenacid was originally developed to prolong penicillin (weak acid) blood levels because its secretion is also decreased.

URICOSURIC AGENTS

- PROBENACID & SULPHINPYRAZONE:**
 - Used to decurate body pool in pts of gout.
 - Avoided in pts who excrete large amounts of uric acid to ppt. formation of uric acid calculi.
 - SPZ** related to phenylbutazone. Metabolite of an analog of phenylbutazone.
 - Probenacid completely reabsorbed by renal tubules and slowly metabolized. $t_{1/2}$ 5-8h.

Indications

- Hyperuricemia after initial attack of gouty arthritis or other evidence of gouty disease in which serum uric acid levels are so high that kidney damage is inevitable.
- Hyperuricemia due to chronic lymphocytic leukemia.
- Probenecid** should be used with caution in gout patients because it increases serum uric acid levels.
- Probenecid can originally be used in early stages of gouty arthritis.

DOSAGE

- Probenecid** 0.2 gtid orally in divided doses increased upto 0.3 g after one week.
- SPZ** 200 mg orally daily increased upto 400-600-800 mg per day in divided doses with food.

Adverse/Toxic effects

- Glucuronide conjugation defect.
- Probenecid - can cause allergic rash and liver damage.

AD.EFFECTS

- **Diarrhea, may be N.V. ABDOMINAL PAIN.**
- **Hepatic necrosis, renal failure, DIC & seizures**
- **Rarely hair loss, bone marrow depression, peripheral neuritis & myopathy.**
- **More severe ad. effects associated. with i/v admn.**
- **Overdosage toxicity: Symptoms are burning throat pain, bloody diarrhea, shock, hematuria & oliguria.**
- **DOSE: Initial dose 0.6-1.2 mgs followed by 0.6 mgs. every 02 hrs until pain is relieved. Total dose can be given IV if required.**
- **CAUTION: As little as 08 mgs in 24 hrs may be fatal. Prophylactic dose 0.6mg tds.**

INDICATIONS

- 1. **Ac. Gouty arthritis:** Although more specific in gout than NSAIDS but not used frequently
B/O troublesome diarrhea associated with it.
So preferred in prophylaxis of recurrent episodes of gouty arrthritis.
- 2. In preventing attacks of **Ac. Mediterrean fever.**
- 3. **May be beneficial in SARCOID ARTHRITIS & IN HEPATIC CIRRHOsis.**

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Slides Outline

Polymerization is a chemical reaction in which two or more small molecules combine to form larger molecules that contain repeating structural units of the original molecule. Polymer is a substance made up of large numbers of smaller molecules that link together to form larger molecules.

Polymerization is a chemical reaction in which two or more small molecules combine to form larger molecules that contain repeating structural units of the original molecule. Polymer is a substance made up of large numbers of smaller molecules that link together to form larger molecules.

INDICATIONS

- 1. No **chain scission** although there are specific growth points but no chain scission
- 2. **Repeating units** associated with it
- 3. No **crosslinking** of the polymer chains
- 4. Low **viscosity** in **SUPER-COMPLEX** & **LIQUID** phases

AD EFFECTS

- Chemical reactions like **addition**, **condensation**, **rearrangement**, **interactions**, **isomerization** & **decomposition**
- Physical effects associated with it
- Thermodynamics**: Increases in volume during chain growth therefore chain formation is exothermic
- Size**: initial size 0.001-1 mg followed by 0.01-100 g until final polymer formed
- Structure**: Polymers are formed from monomers

UNUSUAL AGENTS

PROMOTERS & CATALYSTS

- Used to increase rate and rate of polymerization, also assists large amounts of monomer to react. Formation of cross-links

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uric acid. Anti -inflammatory action is produced by binding to I/C protein **TUBULIN** preventing its depolymerization into microtubules. This disrupts cellular functions such as mobility of granulocytes so leading to inhibition of **WBC migration & phagocytosis** into affected area.

Also inhibits formation of **LEUKOTRIENES B₄** by inhibiting **LIPOOXYGENASE** pathway.

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GOUT
BY DR.JAVAID
NAZIR

Gout: A special metabolic disorder characterized by recurrent episodes of acute arthritis due to deposition of monosodium urate in joints & cartilage. Formation of uric acid calculi in kidneys may also occur.

Pathophysiology: Uric acid is a waste product excreted by the kidneys. It is formed from purine nucleotides & xanthine oxidase. Xanthine oxidase is inhibited by the xanthine oxidase inhibitors, allopurinol. Monosodium urate crystals are deposited in joints & cartilage causing an inflammatory process.

In addition, there is hyperuricemia which causes gout.

Gout: A familial metabolic disorder characterized by recurrent episodes of acute arthritis due to deposition of monosodium urate in joints & cartilage. **Formation of uric acid calculi in kidneys may also occur.**

Gout is always associated with a high serum uric acid level, poorly soluble substance which is major end product of purine metabolism.

IMPORTANT: hyperuricemia does not always lead to gout but gout is always preceded by hyperuricemia.

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GOALS

GOALS

GOUT

BY DR.JAVAID NAZIR

Gout: a hereditary disorder characterized by recurrent episodes of acute attacks due to deposition of monosodium urate in joints & soft tissue. Formation of uric acid crystals in tissues may also occur.

Uric acid dissolves well in high urine and low serum uric acid levels result in precipitation of uric acid crystals. Uric acid levels are not always high but gout is always present in hyperuricemia.



BIOPHYSIOLOGY: uric acid crystals are initially phagocytosed by synovial fluid macrophages (Mφ), lysosomes enzymes & iNOS. Attached to these macrophages, neutrophils migrate into joint space & amplify the ongoing inflammatory process. In the later phase of attack, T-17 proinflammatory cytokines (IL-17, TNF-α, IL-6) release the joint fluid & release more inflammatory mediators.

In addition, there is T-17 cells' high production in synovial fluid which leads to synovitis & chronic fibrosis production of scar tissue.

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