



OBSTETRICS TOPICS

Caution:

Medicine is the vast subject, Question can come from any topic, but this booklet covers almost every important topic.

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PHYSIOLOGICAL CHANGES IN PREGNANCY

1ST ORDER

1. Systemic changes (volume homeostasis, blood, cvs)
2. Endocrinological changes

2ND ORDER

3. Remaining whole chapter (important)

ANTENATAL CARE

1ST ORDER

1. Antenatal visits
2. Antenatal history and examination

ANTENATAL IMAGING AND ASSESSMENT OF FETAL WELL BEING

1ST ORDER

1. Diagnostic ultrasound (esp. features during 3rd trimester)
2. CTG
3. Biophysical profile scoring

PRENATAL DIAGNOSIS

1ST ORDER

1. Diagnosis of down's syndrome
2. Comparison of various pre-natal diagnostic procedures

2ND ORDER

3. Neural tube defects
4. Congenital heart defects

3RD ORDER

5. Remaining chapter

ANTENATAL OBSTETRIC COMPLICATIONS

1ST ORDER

1. Hyperemesis gravidarum
2. APH Antepartum Hemorrhage (Placenta previa, Abruptio placentae)
3. ECV

2ND ORDER

4. Minor disorders of pregnancy
5. UTI
6. Venous thromboembolism
7. Oligo and Polyhydroamnios
8. Rh iso-immunization

3RD ORDER

9. Abdominal pain in pregnancy

TWIN AND MULTIPLE GESTATIONS

1ST ORDER

1. Definition
2. Classification
3. Complication

DISORDERS OF PLACENTATION

1ST ORDER

1. Placenta previa
2. Placental abruption
3. PIH (Pregnancy Induced Hypertension) and Eclampsia
4. IUGR (Intra-Uterine Growth Retardation)

PRETERM LABOUR

1ST ORDER

1. Causes and Management

MEDICAL DISORDERS

1ST ORDER

1. Anemia
2. Thyroid dysfunction
3. Hypertension
4. Diabetes Mellitus

2ND ORDER

5. Heart disease

3RD ORDER

6. Epilepsy
7. Perinatal infections (infection screening during pregnancy)

NORMAL LABOUR

1ST ORDER

1. Physiology of labour (dimensions)
2. Definition of 3 stages of labour
3. Management of all 3 stages of labour (esp. active management)
4. Partogram

2ND ORDER

5. Mechanism of labour

ABNORMAL LABOUR

1ST ORDER

1. Breech presentation
2. Obstructed labour and fetal distress
3. The Bishop scoring
4. Induction of labour
5. Assisted delivery (forceps, ventouse)

2ND ORDER

6. Pain relief in labour and different types of anaesthesia
7. Episiotomy and C-Section
8. Deep transverse arrest and transverse lie

3RD ORDER

9. Perineal tears
10. Shoulder dystocia

PUERPERIUM

1ST ORDER

1. PPH
2. Puerperial pyrexia

2ND ORDER

3. Breast disorders
4. Post partum psychosis
5. APGAR score

Obstetrics' 'Most Wanted' Topics

- 1) APH
- 2) PPH
- 3) Management of 3rd stage of labour
- 4) Breech presentation
- 5) Obstructed labour
- 6) Pre-eclampsia
- 7) Anemia and DM in pregnancy
- 8) Puerperial pyrexia
- 9) IUGR
- 10) Systemic changes during pregnancy
- 11) Obstetric ultrasound
- 12) Antenatal visits and prenatal diagnosis of down's syndrome
- 13) Biophysical profile scoring