

Pancreas - Upper GI (S2)

Notes by Dr. Fahad Rasoal

Final yr. MBBS

F16-040

0300-8121234

⇒ Acute Pancreatitis

Q → 55 yr. old patient presented to ER with severe epigastric pain radiating to back.
O/E he is jaundiced, tachycardiac, hypertensive with ↑ RR.

Q → 45 yr. Female presents with severe pain in the epigastrium, radiating to back, there is history of profuse vomiting for 01 day. She had H/O gall-stones. O/E she is anxious, tachypnic, tachycardiac with severe tenderness in epigastrium.

Q → 20 yr male presents with sudden severe abdominal pain that spreads to back associated with vomiting. He has been running fever, for past 03 weeks. He is apprehensive & dehydrated with pulse 126/min, distended, still & silent Abdomen.

Q. Cullen's sign (Around umbilicus)

Abdominal tenderness - Relieved by leaning forward.

Abdominal rigidity

Grey Turner sign (Blue discoloration around flanks)

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Diagnosis

Investigation

Management

Local + systemic complication.

How will you predict the prognosis.

Diagnosis :-

Acute Pancreatitis

Investigations :-

* Serum amylase :-

Immediately ↑

Elevation Duration 3-5 days

↑ Upto 41 folds of Normal level

*

* Serum Lipase :-

More specific than amylase

Elevation Duration more than 7sd

* USG Abdomen :

To rule out Cholecystitis.

CT-scan :

Gold-standard → Indication

- ↓
- ✓ Diagnosis uncertainty
 - ✓ Differentiate from interstitial from necrotizing pancreatitis.
 - ✓ Patient with progressive clinical deterioration
 - ✓ Local complication.

Laprotomy

Management :

* Mild-pancreatitis:-

IV- fluids

Monitoring of vitals

Analgesics

Anti-emetics

Anti-biotic

Recovery within 72 hrs.

Severe Acute Pancreatitis:-

Admit the patient in ICU

IV- fluids

Monitoring of vitals

Oxygenation

Analgesics

Nasogastric aspiration.

Biochemical monitoring

- LFT'S

- RFT'S

- TLC

- LDH

- Serum CA.

Antibiotic prophylaxis

CT-scan - organ failure
sepsis

ERCP

- Gall stones

Cholangitis

Nutritional support

Systemic support.

radiological intervention :-

CT-guided needle aspiration.

Drain tube - Continuous Drainage.

Surgery :

Necrosectomy (Debridement of necrotic pancreas)

Closed continuous Drainage

Closed drainage + Drainage.

Closure + Reoperation.

→ How will you predict the prognosis :

By using Following

severe disease

Ranson's criteria > 6

APACHE II score > 8

Glasgow scale > 3 or more

C-reactive protein > 150 mg/l

we predict the prognosis.

Ranson's criteria :-

At admission.

Age	> 55 yrs
WBC	> 16000/uL
Blood glucose	> 200 mg/dL
serum LDH	> 700 units /Lts
AST	> 250 IU/L

After 48 hrs

HCT ↓	> 10 %
Blood urea nitrogen ↑	> 5 mg/dL
Serum Calcium	< 8 mg/dL
Arterial PO ₂	< 60 mmHg
Base deficit	> 4 mEq/L
Estimated fluid sequestration	> 6 L

Local Complication :-

Acute fluid collection

sterile pancreatic Necrosis

Acute Pseudocyst

Pancreatic Abscess

Pancreatic ascites

Pancreatic effusion

Portal / Splenic vein Thrombosis

systemic :

Pulmonary { Pneumonia
ARDS
Pleural effusion

CVS { Hypotension
Hypovolemia
Pericardial effusion

Hematologic { DIC

GIT { Ulcer
Portal vein Thrombosis
splenic vein Thrombosis

Renal { oliguria
Renal failure

Metabolic { Hyperglycemia
Hypocalcemia

CA head of pancreas

Q → 65 yr. old man complains of intense Itchy & Jaundice for 6 weeks duration. He has upper abdominal discomfort and his urine is deep yellow in colour with pale colour stool.

He has history of weight loss. O/E he is deeply Jaundiced with scratch marks all over his body. Abdominal examination reveals globular discrete mass in the right upper Quadrant.

Q → 60 yr. male presents in OPD with complain of anorexia & weight loss since 3 months, itching all over body and clay coloured stool and dark urine. O/E he is jaundiced. Abdominal examination reveals palpable gall bladder.

Diagnosis

Investigations

Treatment.

Palliative for non-op case.

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Investigations:

↑ Bilirubin

↑ ALP

↑ Gamma Glutamyl Transpeptidase

USG:

Check for

Cholelithiasis

Choledocholithiasis

Dilation of intra-hepatic biliary tree

Dilation of extra-hepatic biliary tree

Tumors of pancreas.

Endoscopic USG:

Tumor demonstration

Transduodenal biopsy

Transgastric biopsy.

CT-scan: (IOC)

- shows → Dilated Biliary channels

Site of Tumor

Size of Tumor

Lymph node involvement

metastasis

Vascular involvement.

MRI :

MRI, MR angiography.

Laproscopy :-

Laproscopy is done

metas - hepatic
- peritoneal.

CA 19-9

Rx. response

Management

① → Surgical Rx

② → Palliative Rx.

-: Surgical Rx :-

Pre-ope preparation :-

Admit The patient

IV-Fluids

Vitamin K injection

Glucose containing Fluids IV

Prophylactic antibody

Pre-operative biliary drainage

Via ERCP

Operative :-

① → "Whipple's Operation"

Remove

↓
Tumor - Head of pancreas

Entire duodenum

Proximal jejunum (10-15cm)

Common-Bile duct

Gall-Bladder

Lymph nodes.

then :

Pancreaticojejunostomy

Hepaticojejunostomy

Gastrojejunostomy.

② "Pylorus preserving Pancreaticoduodenectomy"

Palliative :

① → stenting :

ERCP

PTC

② → surgical bypass :

Cholecystojejunostomy

③ → Gastric Obstruction Relief :

Gastrojejunostomy

④ → Pain relief :

Analgesics

Celiac axis block

⑤ → Chemotherapy

⑥ → Life Quality :

Rx of diabetes mellitus

Pancreatic enzyme replacement

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